

Read Online Transcending The Levels Of Consciousness

Transcending The Levels Of Consciousness

Describes a means to let go of the obstacles to Enlightenment and become free of negativity.

World Glamour, the sum total of human ignorance, fear and greed, can dissipate through the clear, inclusive thinking of those in whom the soul (Christ) principle is awakening. Glamour results from a negative emotional focus. The dissipation of glamour depends on 'illuminated thinking'.

How is consciousness possible? What biological purpose does it serve? And why do we value it so

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highly? In Soul Dust, the psychologist Nicholas Humphrey, a leading figure in consciousness research, proposes a startling new theory. Consciousness, he argues, is nothing less than a magical-mystery show that we stage for ourselves inside our own heads. This self-made show lights up the world for us and makes us feel special and transcendent. Thus consciousness paves the way for spirituality, and allows us, as human beings, to reap the rewards, and anxieties, of living in what Humphrey calls the "soul niche." Tightly argued, intellectually gripping, and a joy to read, Soul Dust provides answers to the deepest questions. It shows how the problem of consciousness merges with questions that obsess us all--how life should be lived and the fear

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of death. Resting firmly on neuroscience and evolutionary theory, and drawing a wealth of insights from philosophy and literature, Soul Dust is an uncompromising yet life-affirming work--one that never loses sight of the majesty and wonder of consciousness. The 10 Rules of Successful Nations offers a pithy guide to real-world economics, adapted from the New York Times bestseller The Rise and Fall of Nations. A wake-up call to economists who failed to foresee every recent crisis, including the cataclysm of 2008, The 10 Rules of Successful Nations is a slim primer full of pioneering insights on the political, economic, and social habits of successful nations. Distilled from Sharma's quarter century traveling the world as a writer and investor, his

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rules challenge conventional textbook thinking on what matters—and what doesn't—for a strong economy. He shows why successful nations embrace robots and immigrants, prefer democratic leaders to autocrats, elect charismatic reformers over technocrats, and pay no mind to the debate about big versus small government. He explains why rising stock prices matter as much or more than food prices, which measure of debt is the best predictor of economic crises, and why no one number can accurately capture the value of a currency. He also demonstrates how a close reading of the Forbes billionaire lists can offer the clearest real-time warning of populist revolts against the wealthy. Updated with brand-new data, 10 Rules reimagines economics as a practical

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art, giving general readers as well as political and business leaders a quick guide to the most important forces that shape a nation's future.

In this book the authors relate and discuss the idea that perceptual processes can be considered at many levels. A phenomenon that appears at one level may not be the same as a superficially similar phenomenon that appears at a different level. For example "induced motion" can be analyzed in terms of eye movements or at the retinal level or at a much higher cognitive level: how do these analyses fit together? The concept of levels also makes us think of the flow of information between levels, which leads to a consideration of the roles of top-down and bottom-up (or feed-forward, feed-back) flow. There are

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sections devoted to vestibular processing, eye movement processing and processing during brightness perception. The final section covers levels of processing in spatial vision. All scientists and graduate students working in vision will be interested in this book as well as people involved in using visual processes in computer animations, display design or the sensory systems of machines.

Most people live with an experience of the world that is rooted in fear, worry, and anxiety. This most commonly manifests is in a persistent feeling of discontentment. Something just doesn't feel quite right. Since 2006, our global scientific research project has been on the trail of the tiny fraction of the population that has escaped this

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fate.

No matter what type of coach you are, if you are concerned with the healthy psychological growth of your clients, this is a book you should read. It is not about coaching per se, it is about the framework of human development that coaches need to be familiar with in order to facilitate the full emergence of their client's potential: not just helping people become more proficient at what they do, but helping them participate in their own evolution, the evolution of their organizations, the evolution of our global society and the evolution of our species. Part I explores the theory of human emergence, providing a detailed description of the seven stages of psychological development, the evolution of cultural

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world views, the evolving structure and operation of the human mind/brain and the six evolutionary stages in human decision-making.

"The Varieties of Religious Experience is certainly the most notable of all books in the field of the psychology of religion and probably destined to be the most influential [one] written on religion in the twentieth century," said Walter Houston Clark in Psychology Today. The book was an immediate bestseller upon its publication in June 1902. Reflecting the pluralistic views of psychologist-turned-philosopher William James, it posits that individual religious experiences, rather than the tenets of organized religions, form the backbone of religious life. James's discussion of conversion, repentance,

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mysticism, and hope of reward and fears of punishment in the hereafter--as well as his observations on the religious experiences of such diverse thinkers as Voltaire, Whitman, Emerson, Luther, Tolstoy, and others--all support his thesis. "James's characteristic humor, his ability to put down the pretentious and to be unpretentious, and his willingness to take some risks in his choices of anecdotal data or provocative theories are all apparent in the book," noted Professor Martin E. Marty. "A reader will come away with more reasons to raise new questions than to feel that old ones have been resolved."

**[A Guide to Unleashing the Wise, Wild Woman Within
The Power of Now](#)**

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[*The Map of Consciousness Explained
A Treatise in the Sociology of Knowledge*](#)

[*The Finders*](#)

[*Soul Dust*](#)

[*Dissolving the Ego, Realizing the Self*](#)

[*The 10 Rules of Successful Nations*](#)

[*The Righteous Mind*](#)

[*A First-Person Account*](#)

[*The Pathway of Surrender*](#)

It is often assumed that there are two ways of interpreting the world: a rational scientific way, or an irrational religious way. Spiritual Science offers a

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third alternative: a spiritual view of reality that transcends both conventional science and religion, and answers many of the riddles that neither can explain. The standard model of science has had little success in explaining such areas as human consciousness, the connection between the mind and the body, altruism and ‘anomalous’ phenomena such as near-death experiences, psi phenomena (such as telepathy) and spiritual experiences. But from a ‘panspiritist’ point of view – which sees spirit or consciousness as a fundamental essence of reality – it is possible to

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make sense of all these things. Steve Taylor puts forward the evidence for a spiritual view of reality, drawing on the insights of philosophers, physicists, mystics, as well as spiritual traditions and indigenous cultures. He systematically shows how a ' panspiritist ' view can explain many puzzling aspects of science and the world, including evolution and the origins of life, and a wide range of other phenomena such as quantum physics, the placebo effect, precognition and neuroplasticity. Spiritual Science offers a new vision of the world that is compatible with both modern science and

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ancient spiritual teachings. It provides a more accurate and holistic account of reality than conventional science or religion, integrating a wide range of phenomena that are excluded from both. After showing how the materialist worldview demeans the world and human life, Spiritual Science offers a brighter alternative – a vision of the world as sacred and interconnected, and of human life as meaningful and purposeful. Spiritual Science explains how the standard materialist model of reality developed, and turned into a belief system. This belief system can only function by

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denying (or explaining away) a whole range of phenomena that are part of human experience. It is possible to be scientific without adopting this belief system – in fact, it is much more rational to do so.

Describes how one can truly change the concept of self, embark upon a God-realized way of living, and fulfill the spiritual truth that, with God, all things are possible.

All human endeavors have the common goal of understanding or influencing human experience. To this end, man has developed numerous descriptive and analytical disciplines: Morality,

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Philosophy, Psychology, and so on. Regardless of what branch of inquiry one starts from-philosophy, political theory, theology-all avenues of investigation eventually converge at a common meeting point: the quest for an organized understanding of the nature of pure consciousness. To explain that which is simple can be difficult indeed. Much of this book is devoted to the process of making the simple obvious. If we can understand even one simple thing in depth, we will have greatly expanded our capacity for comprehending the nature of the universe and life

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itself.

This book by dream expert Leon Nacson is more than just a dream dictionary or a thesaurus. It is a definitive dream decoder. Finally, you can simply and effortlessly discover the true meaning behind the symbols in your dreams. Unlike traditional dream dictionaries, this book presents the meanings behind modern-day symbols such as mobile phones, boom boxes, and DVD players. For example, spiders are becoming more common in dreams because we spend more time on the World Wide Web these days. Traditional dictionaries

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might simply describe spiders as symbols of danger and entrapment. Ultimately, this book will become the benchmark for accurate dream interpretation. The sixth book in a progressive series by Dr. David R. Hawkins, this work finalizes and further clarifies the true nature and core of the condition termed Enlightenment. It is primarily an instruction manual for the serious spiritual devotee and reveals information only known by those who have transcended the ego to reach Divine Realization. This is the inner route from the self to the Self, and the descriptions of the progressive states are

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devoted to the reader's own illumination. This work will appeal to those who themselves are dedicated to the spiritual Reality of Truth as the direct pathway to God.

To make the journey into the Now we will need to leave our analytical mind and its false created self, the ego, behind. From the very first page of Eckhart Tolle's extraordinary book, we move rapidly into a significantly higher altitude where we breathe a lighter air. We become connected to the indestructible essence of our Being, “ The eternal, ever present One Life beyond the myriad forms of

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life that are subject to birth and death. ” Although the journey is challenging, Eckhart Tolle uses simple language and an easy question and answer format to guide us. A word of mouth phenomenon since its first publication, *The Power of Now* is one of those rare books with the power to create an experience in readers, one that can radically change their lives for the better.

Transcending the Levels of Consciousness
The Stairway to Enlightenment
Hay House

This is the seventh book in a progressive series based on the revelations of consciousness research.

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It describes in detail how to discern not only truth from falsehood but also the illusion of appearance from the actual core of reality. The text explains how to differentiate perception from essence, and thereby enables the reader to resolve the ambiguities and classical riddles that have challenged mankind for centuries and baffled the best minds in history. While modern technologies have provided a plethora of new toys and conveniences, the basic problems of daily existence remain. This book provides the tools to survive and regain fundamental autonomy and inner harmony

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while living with the complexities of the modern world.

[Evolutionary Coaching: A Values Based Approach to Unleashing Human Potential](#)

[Letting Go](#)

[Levels of Perception](#)

[The Search for Truth](#)

[Transcending the Levels of Consciousness](#)

[Along the Path to Enlightenment](#)

[Orthomolecular Psychiatry: Treatment of](#)

[Schizophrenia](#)

[Rise Sister Rise](#)

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[The Stairway to Enlightenment](#)
[Mastering the Art of Manifesting](#)
[From Which Nothing Is Hidden](#)
[The Magic of Consciousness](#)

The Real World of Fairies is a privileged glimpse into a joyous, animated universe. Dora's enchanting vision of her encounters with the fairy realm delights the child in us, while it excites our grown-up imagination, rekindles our creative energy, and deepens our sense of connection with nature. This new edition features a foreword by Celtic folk expert Caitlin Matthews. Caitlin's

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personal experiences and deep knowledge of the fairy world resonate brilliantly with Dora's, adding a fresh perspective for contemporary readers. Discusses the forces that people can control versus the unseen, uncontrollable powers which actively govern many lives.

"The Map of Consciousness Explained is an essential primer on the late Dr. David R. Hawkins's teachings on human consciousness and their associated energy fields. Using muscle testing, Dr. Hawkins conducted more than 250,000 calibrations during 20 years of research to define a range of values, attitudes, and

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emotions that correspond to levels of consciousness. This range of values-along with a logarithmic scale of 1 to 1,000-became the Map of Consciousness, which Dr. Hawkins first wrote about in his New York Times bestseller, *Power vs. Force*. In this book, readers will gain an introduction and deeper understanding of the Map, with visual charts and practical applications to help them heal, recover, and evolve to higher levels of consciousness and energy"--

The now widely known Map of calibrated levels of Consciousness was presented in *Power vs. Force* in 1995 and has been translated into all the

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world's major languages. This was followed by The Eye of the I (2001), I: Reality and Subjectivity (2003), and Truth vs. Falsehood (2005), which explored the levels of Truth reflected throughout society. Transcending the Levels of Consciousness returns to the exploration of the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. As with the reading of Dr. Hawkins' previous books, the reader's level of consciousness is advanced as a consequence of exposure to the information itself. This opens up avenues to the relief of suffering for oneself and

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others, which fulfills the purpose of the work and the intention to facilitate the reader's own Enlightenment.

Discusses research findings, clinical procedures, and theoretical bases for the application of orthomolecular principles to cases of schizophrenia, alcoholism, and drug addiction where perceptual dysfunction and chemical-nutritive brain imbalances are indicated. Bibliogs A "playful, enlightening, and creative collection" (Spirituality and Practice) of spiritual lessons, anecdotes, and thoughts on the Divine's intervention in our lives, this brilliantly written

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and wonderfully entertaining book teaches us how to live purposefully and in line with the Force of Love. “What if the Divine is constantly igniting roadside flares to get our attention? What if there actually is a Supreme Organizing Principle with an unbridled sense of humor? And what if we each have this ardent inner suitor who’s writing us love letters every day that often go unopened?”

Whether we know it or not, we all experience the touch of the Divine in our lives every single day. After twenty-five years spent consulting and advising tens of thousands of people from all over the world, Tosha Silver realized that almost all of

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us have similar concerns: “How do I stop worrying? How can I feel safe? Why do I feel so alone?” and often, “Who am I really?” For the passionately spiritual and the bemusedly skeptical alike, she created *Outrageous Openness*. This delightful book, filled with wisdom and fresh perspectives, helps create a relaxed, trusting openness in the reader to discover answers to life’s big questions as they spontaneously arise. *Outrageous Openness* opens the door to a profound truth: By allowing the Divine to lead the way, we can finally put down the heavy load of hopes, fears, and opinions

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about how things should be. We learn how to be guided to take the right actions at the right time, and to enjoy the spectacular show that is our life. The classic work that redefined the sociology of knowledge and has inspired a generation of philosophers and thinkers In this seminal book, Peter L. Berger and Thomas Luckmann examine how knowledge forms and how it is preserved and altered within a society. Unlike earlier theorists and philosophers, Berger and Luckmann go beyond intellectual history and focus on commonsense, everyday knowledge—the proverbs, morals, values, and beliefs shared

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among ordinary people. When first published in 1966, this systematic, theoretical treatise introduced the term social construction, effectively creating a new thought and transforming Western philosophy.

How does one traverse the spiritual landscape to move beyond suffering to experience the peace and love of God, to dissolve illusion and realize the state of enlightenment? In this collection of inspiring passages from David R. Hawkins's work, the reader is reminded of the illusory nature of the personal self (identification of the ego/mind) and the direct pathways to dissolve the

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ego/mind's trappings. This pocket edition is designed especially for today's spiritual student on the go, to inspire contemplation and reflection during a break at work, while hiking in the woods, during a quiet coffee-shop moment, on an airplane, with a partner—in whatever environment one finds oneself. Dissolving the Ego, Realizing the Self is a reliable companion on the aspirant's quest toward higher truth.

[A New Earth \(Oprah #61\)](#)

[Glamour: a World Problem](#)

[Trump and a Post-Truth World](#)

[Discovery of the Presence of God](#)

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[Wishes Fulfilled](#)

[A Stream of Dreams](#)

[Healing and Recovery](#)

[Spiritual Science](#)

[The Varieties of Religious Experience](#)

[Awakening to Your Life's Purpose](#)

[The Stairway of Enlightenment](#)

[A Proven Energy Scale to Achieve Your Ultimate
Potential](#)

*The 10th anniversary edition of A New
Earth with a new preface by Eckhart
Tolle. With his bestselling spiritual*

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guide The Power of Now, Eckhart Tolle inspired millions of readers to discover the freedom and joy of a life lived "in the now." In A New Earth, Tolle expands on these powerful ideas to show how transcending our ego-based state of consciousness is not only essential to personal happiness, but also the key to ending conflict and suffering throughout the world. Tolle describes how our attachment to the ego creates the dysfunction that leads to

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anger, jealousy, and unhappiness, and shows readers how to awaken to a new state of consciousness and follow the path to a truly fulfilling existence. Illuminating, enlightening, and uplifting, A New Earth is a profoundly spiritual manifesto for a better way of life—and for building a better world. Presents a groundbreaking investigation into the origins of morality at the core of religion and politics, offering scholarly insight into the motivations

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behind cultural clashes that are polarizing America.

Explores the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. It expands the understanding of the levels of consciousness as presented in the widely-acclaimed Map of Consciousness. The book focuses on the individual, and studies the experiential subjective blocks to the advancement of awareness,

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at each level of consciousness. This leads to progressive spiritual awareness and on to higher levels of consciousness, providing specific steps for transcending each level, preparatory to advanced states such as Enlightenment itself. By analyzing the various obstacles and levels to be transcended, certain principles that support spiritual evolution are self-revealing. This book is therefore a practical manual rather than a

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comprehensive analysis.

A provocative and balanced examination of our current social and political situation—by a cutting-edge philosopher of our times. The world is in turmoil. As populist waves roil in the UK, Europe, Turkey, Russia, Asia—and most visibly, the U.S., with the election of Donald Trump—nationalist and extremist political forces threaten the progress made over many decades. Democracies are reeling in the face of nihilism and

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narcissism. How did we get here? And how, with so much antagonism, cynicism, and discord, can we mend the ruptures in our societies? In this provocative work, philosopher Ken Wilber applies his Integral approach to explain how we arrived where we are and why there is cause for hope. He lays much of the blame on a failure at the progressive, leading edge of society. This leading edge is characterized by the desire to be as just and inclusive as possible,

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and to it we owe the thrust toward women's rights, the civil rights movement, the environmental movement, and the concern for oppression in all its forms. This is all evolutionarily healthy. But what is unhealthy is a creeping postmodernism that is elitist, "politically correct," insistent on an egalitarianism that is itself paradoxically hierarchical, and that looks down on "deplorables." Combine this with the techno-economic demise of

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many traditional ways of making a living, and you get an explosive mixture. As Wilber says, for some Trump voters: "Everywhere you are told that you are fully equal and deserve immediate and complete empowerment, yet everywhere you are denied the means to actually achieve it. You suffocate, you suffer, and you get very, very mad." It is only when members of society's leading edge can heal themselves that a new, Integral evolutionary force can

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emerge to move us beyond the social and political turmoil of our current time to offer genuine leadership toward greater wholeness.

Explores the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. It expands the understanding of the levels of consciousness as presented in the widely-acclaimed Map of Consciousness. The book focuses on the individual, and

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studies the experiential subjective blocks to the advancement of awareness, at each level of consciousness. This leads to progressive spiritual awareness and on to higher levels of consciousness, providing specific steps for transcending each level, preparatory to advanced states such as Enlightenment itself. By analyzing the various obstacles and levels to be transcended, certain principles that support spiritual evolution are self-

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revealing. This book is therefore a practical manual rather than a comprehensive analysis.

This book provides a practical step-by-step guide to soul activation. This four step process involves: Connecting with your soul; Befriending your soul; Trusting your soul; Becoming one with your soul. You are a soul in a human body but your ego is unaware of this. To fully step into soul consciousness, you must learn how to align the beliefs

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of your ego with the values of your soul, and commit to leading a values and purpose-driven life. The ultimate arbiter of where you have got to on your journey into soul consciousness is the quality of the connections you have with other people-not just your family and friends, but the strangers around you. Every person you meet is a soul who is working on the same project as you-promoting the evolution of human consciousness. Rejoice in your common

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heritage and purpose by connecting with them wherever you are and whenever you can. When you fully realize who you are, you will understand that in caring for others, you are caring for yourself.

I: Reality and Subjectivity explains the very essence of consciousness as it evolved from its primordial appearance as life on earth, on up through evolution as the human ego, and hence, the transcendence of the ego as the

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spiritual Reality of Enlightenment and the Presence of Divinity. The uncommon clarity and lucidity with which the highly evolved subject matter is presented facilitates the reader's understanding and comprehension. The nature of consciousness is described in terms that recontextualize and simplify the spiritual process. The nonlinear reality of the enlightened sage is thereby made comprehensible to the reasoning mind.

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This is the second volume of a trilogy that began with Power vs. Force and will be completed in the year 2002 by the publication of the third volume entitled I: Reality and Subjectivity. The Eye of the I (which calibrates at 950) is more advanced than Power vs. Force (which calibrates at 850) and brilliantly reveals the very core of the spiritual process critical to the state of Enlightenment. The intrinsic power of the information provided in

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this startling classic is sufficient of itself to elevate the consciousness of the reader. This likelihood has been anticipated and provided for by preparatory recontextualizations. Included are verbatim dialogues with advanced students, instructions, and explanations that illuminate the spiritual teachings. The Eye of the I is a brilliant work that dissolves the barriers between the known and the unknown, between science and

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spirituality, and between the Newtonian linear paradigm of the ego and the nonlinear reality of Enlightenment. With the resolution of the self, the Self shines forth and reveals one's true identity.

[Why Good People are Divided by Politics and Religion](#)

[Power vs. Force](#)

[The Real World of Fairies](#)

[An Anatomy of Consciousness : the Hidden Determinants of Human Behavior](#)

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[The Eye of the I](#)

[Why Science Needs Spirituality to Make
Sense of the World](#)

[Outrageous Openness](#)

[What My Soul Told Me](#)

[Power Versus Force](#)

[The Social Construction of Reality](#)

[Reality, Spirituality and Modern Man](#)

[A Guide to Spiritual Enlightenment](#)

To truly heal is to "make whole" on all levels, in contrast to "treating" which is limited and short-sighted, as Hawkins has emphasized in his best-selling series of

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books on human consciousness. These holistic lectures were first presented to a variety of recovery organizations and clinicians from diverse backgrounds. The emphasis is on recovery in its fullest sense - mental, physical, psychological and spiritual. Hawkins draws from a diverse clinical background of over 50 years as a leader in the field.--

Despite promises of "fast and easy" results from slick marketers, real personal growth is neither fast nor easy. The truth is that hard work, courage, and self-discipline are required to achieve meaningful results - results that are not attained by those who cling to the fantasy of

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achievement without effort. Personal Development for Smart People reveals the unvarnished truth about what it takes to consciously grow as a human being. As you read, you'll learn the seven universal principles behind all successful growth efforts (truth, love, power, oneness, authority, courage, and intelligence); as well as practical, insightful methods for improving your health, relationships, career, finances, and more. You'll see how to become the conscious creator of your life instead of feeling hopelessly adrift, enjoy a fulfilling career that honors your unique self-expression, attract empowering relationships with loving, compatible partners, wake up

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early feeling motivated, energized, and enthusiastic, achieve inspiring goals with disciplined daily habits and much more! With its refreshingly honest yet highly motivating style, this fascinating book will help you courageously explore, creatively express, and consciously embrace your extraordinary human journey.

David R. Hawkins details how anyone may resolve the most crucial of all human dilemmas: how to instantly determine the truth or falsehood of any statement or supposed fact. Dr. Hawkins, who worked as a "healing psychiatrist" during his long and distinguished career, uses theoretical concepts from particle physics, nonlinear

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dynamics, and chaos theory to support his study of human behavior. This is a fascinating work that will intrigue readers from all walks of life!

Reveals a breakthrough in documenting a new era of human knowledge. Only in the last decade has a science of Truth emerged that, for the first time in human history, enables the discernment of truth from falsehood.

Presented are discoveries of an enormous amount of crucial and significant information of great importance to mankind. Truth and Reality, Dr. Hawkins states, have no secrets, and everything that exists now or in the past- even a thought- is identifiable and calibratable from the

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omnipresent field of Consciousness itself.

What blocks spiritual progress? And how do we transcend these blocks? The spiritual teachings of David R. Hawkins on the nature of consciousness, spirit, and ego are known worldwide by students seeking to realize spiritual Truth. As a mystic, Dr. Hawkins has infused the truths found in the precepts of Western religion with the core of Eastern philosophy, bridging the familiar, physical world to the nonlinear, spiritual domain. This collection of passages, carefully selected from Dr. Hawkins's extensive writings, offers readers a new contemplation for each day. Any one of these passages, fully understood, can elevate one's

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level of consciousness.

FREE audio CD includes SIX GUIDED MEDITATIONS
Have you ever thought about trying meditation, but didn't know how to get started? With Meditation for Beginners, trusted teacher Jack Kornfield shows you how simple it is to start — and stick with — a daily meditation practice.

“Insight” or vipassana meditation is the time-honored skill of calming the spirit and clearing the mind for higher understanding. Now, in this complete course created especially for beginners, renowned teacher Jack Kornfield offers a straightforward, step-by-step method for bringing meditation into your life. Using the six guided meditations

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on the included disc, you will discover how easy it is to use your breath, physical sensations □ and even difficult emotions □ to create tranquility and loving kindness in your everyday life. These simple, elegant practices are so easy to learn that you will begin enjoying the benefits of meditation immediately □ while laying the foundation for a lifetime of inner discovery and awakening.

Rise Sister Rise is for the women who agreed at soul level to be here at this stage in history to lead this global shift that the mystics of all of the ages have predicted: the return of the mother and the rise of the feminine. It is essentially a call to arms for women to rise up, tell their

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truth, and lead. Most women have spent much of their working lives "making it" in a man's world, leaning on patriarchal methods of survival in order to succeed, dulling down their intuition, and ignoring the fierce power of their feminine. They have ignored the cycles of the feminine in order to survive in a patriarchal linear system — but now the world has changed. Rise Sister Rise is a transmission that calls the innate feminine wisdom to rise. It is about healing the insecurities, the fears, and the inherited patterns that stop women trusting the Shakti (power) and wisdom (intuition) that effortlessly flows through them. It's about recognizing all of the ways we

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have been keeping ourselves contained and restrained in effort to fit into a certain archetype of woman. It's about co-creating a whole new archetype of woman – a woman who does not keep herself small in order to make others feel more comfortable. A woman who knows like she knows like she knows that she is not her body weight, her sexual partners, or her career. A woman who deeply respects the wise woman in her life and cultivates her own wisdom every single day. Full of tools, calls to action, contemplative questions, rituals, and confrontational exercises, this book teaches women that it is safe to let Shakti rise, safe to trust their intuition, and safe to take

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leaps of faith □ because in healing ourselves we are healing the world.

I

[Meditation for Beginners](#)

[Devotional Nonduality](#)

[Personal Development for Smart People](#)

[Truth vs. Falsehood](#)

[Meditations with Sri Nisargadatta Maharaj](#)

[Power Vs. Force](#)

[Reality and Subjectivity](#)

[A Study in Human Nature](#)

[Letting the Divine Take the Lead](#)

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[The Hidden Determinants of Human Behavior](#)