

The Stairway To Enlightenment

Kamari Grade was a well-known troubleshooter for the most discerning clients. But when called to investigate one of the most powerful men in financing, she's thrown into the world of Huron Base. Financiers were usually polished in word and deed, but there was a sexy arrogant thug and it wasn't an image he wanted to forget. When the lovely troubleshooter crossed his path she was everything he loved about his life-challenge, drive, determination, strength, success, beauty ... For a man who could acquire anything, the allure of such a conquest was irresistible. Explores the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. It expands the understanding of the levels of consciousness as presented in the widely-acclaimed Map of Consciousness. The book focuses on the experiential subjective blocks to the advancement of awareness, at each level of consciousness. This leads to progressive spiritual awareness and on to higher levels of consciousness, providing specific steps for transcending each level, preparatory to advanced states such as Enlightenment. Various obstacles and levels to be transcended, certain principles that support spiritual evolution are self-revealing. This book is therefore a practical manual rather than a comprehensive analysis.

This book by dream expert Leon Nacson is more than just a dream dictionary or a thesaurus. It is a definitive dream decoder. Finally, you can simply and effortlessly discover the true meaning behind the symbols in your dreams. Unlike traditional dream dictionaries, this book presents modern-day symbols such as mobile phones, boom boxes, and DVD players. For example, spiders are becoming more common in dreams because we spend more time on the World Wide Web these days. Traditional dictionaries might simply describe spiders as symbols of danger and this book will become the benchmark for accurate dream interpretation.

An accessible exploration of best-selling author's most famous work, The Map of Consciousness, that helps readers experience healing and transcendence. We are all born with a level of consciousness, an energetic frequency within the vast field of consciousness. And with The Map we understand the total spectrum of human consciousness. Using a unique muscle-testing method, Dr. David R. Hawkins conducted more than 250,000 calibrations during 20 years of research to define a range of values, attitudes, and emotions that correspond to levels of consciousness with a logarithmic scale of 1 to 1,000-became the Map of Consciousness, which Dr. Hawkins first wrote about in his best-selling book, Power vs. Force. With the Map, Dr. David R. Hawkins laid out the entire spectrum of consciousness, from the lower levels of Shame, Guilt, Apology, Fear, Courage, Acceptance, and Reason; all the way up to the more expanded levels of Love, Ecstasy, Peace, and Enlightenment. These "higher" energy fields are a carrier wave of immense life energy. An essential primer on the late Dr. David R. Hawkins's teachings on human consciousness energy fields, The Map of Consciousness Explained offers readers an introduction and deeper understanding of the Map, with visual charts and practical applications to help them heal, recover, and evolve to higher levels of consciousness and energy. This book is a light unto the world to become more effective in any area of life.

"A wondrous, sparkling fusion of wisdom and insight." - Patricia Santhuff What do the wonderful myths of ancient Greece, the beautiful stories in the Bible and Qur'an, and all the sacred stories from traditions around the world, have in common? They open our hearts to wonder and know, on the outside these stories seem very different, confusing, conflicting, and often violent and divisive. But when read symbolically and internally, they are all telling the same story. They show us the path of spiritual awakening and enlightenment. Sometimes the story is called "The Holy Land." Sometimes it's called "Seeking the Holy Grail." Sometimes it's called "Persephone's Return to Olympus." But whatever it's called, the inner meaning and purpose is always the same. The stories are all a call to awaken, to live passionately and consciously, and to enter the domain of love and communion with the divine. The door is always open. The light is always ready to receive us. But we have to learn how to tread the path! Fortunately, that's what all the sacred stories are really about. THE DOOR IS OPEN uncovers the 7 Universal Steps that are found within all great mythology and scripture. Each chapter ends with a series of practical and enjoyable spiritual exercises and activities. You can do this work on your own, or together with a group. It could be a church or synagogue group, a book club, a classroom, or any group of friends who want to expand their spiritual horizons.

This play is about the secrets that emerge when a family gathers to celebrate the 80th birthday of a crusty Oxford don. His daughters add fuel to the fire by bringing along partners who include a confused crime writer and a former gangster returning from the Costa del Crime. A spinster and a mystery gunman and it adds up to a birthday party none of them will forget. "Insightful, touching, heart-warming and at times hilarious. Compelling viewing." The South Wales Argus Winner of the Award for Theatre Show 2014, presented by lifestyle and entertainment.

Drama Length: Full Cast: 4f 3m

What blocks spiritual progress? And how do we transcend these blocks? The spiritual teachings of David R. Hawkins on the nature of consciousness, spirit, and ego are known worldwide by students seeking to realize spiritual Truth. As a mystic, Dr. Hawkins has infused the traditional Western religion with the core of Eastern philosophy, bridging the familiar, physical world to the nonlinear, spiritual domain. This collection of passages, carefully selected from Dr. Hawkins's extensive writings, offers readers a new contemplation for each day. Any one of these passages can elevate one's level of consciousness.

His name is Dink. He has adventures all around the world... And he's an idiot. If Arthur Conan Doyle watched Fleischer Brother cartoons all day in the hospital after sustaining a severe head injury, he might write something like this. If Jack Handey wrote for Weird Tales Magazine, a serious substance abuse problem, he might sue me for plagiarism. If Forrest Gump, instead of being a kind and gentle man who seems dim but has hidden depths was, you know, the opposite of that; he might be Dink. If you like pulp fiction, jokes, and you're not some kind of Brainiac, enjoy this book.

[A Proven Energy Scale to Achieve Your Ultimate Potential](#)

[Say YES to Yourself by Saying NO \(to Others\)](#)

[The Stairway to Consciousness: The Birth of Self Awareness from Unconscious Archetypes](#)

[The Stairway to Heaven](#)

[Three Your Life](#)

[Reality and Subjectivity](#)

[Truth vs. Falsehood](#)

[The Pathway of Surrender](#)

[A Paranormal Coloring Book](#)

[The Complete Collection Presented at the 2002-2011 Lectures with Clarifications](#)

[According to Claudia](#)

Morning Coffee is a practical approach to reading and applying the Word. Many people have a hard time getting going in the morning, which can make for a long week. This book will give people the edge they need to motivate them to make it through the day. For our spirit is satisfied daily, the rest of our body will fall in line. Everybody feels like they need a morning cup of joe, and by the power of the Holy Spirit, I submitted my will to the Lord's to be used to brew up the flavor of the day. So as the sun rises, find a way to get up. Coffee. This is the right way to start your day. When you are empty, He will fill your cup.

An amazing life. As a New Yorker brought up in the world of Broadway theater, the author, Burt Boyar, became a child radio actor earning \$1000 a week in the late 1930's, early 40's, playing Archie on Archie Andrews, Billy Batson on Captain Marvel, Dexter on The Green Hornet. Then he became a caviar taster, a polo player, a widely syndicated Broadway columnist, close friend and biographer to Sammy Davis, Jr. with the worldwide Best Selling book, Yes I Can. Then, an intimate of the world's greatest tennis players, Rod Laver, Ken Rosewall, and Arthur Ashe, he brought him and beloved wife, Jane, to Spain where they lived for 28 glorious years in a beach house in Marbella as close friends of Chief of State General Francisco Franco's family, among other European dazzlers, until Jane's untimely death brought their idyllic life to an end. Burt returned to the U.S., to Los Angeles, where he is living yet another extraordinary life.

The present work describes a simple and effective means by which to let go of the obstacles to Enlightenment and become free of negativity. During the many decades of the author's clinical psychiatric practice, the primary aim was to seek the most effective means for many forms. The letting go technique (surrender) was found to be of great practical benefit and is described in this book.

This is an engaging book ready to take you on an afternoon voyage through the cosmos. You help with experiments and learn some of the processes that go into making up scientific hypotheses on relativity, the speed of light and other light matters. Some of the experiments are of the subject matter. Delightful illustrations will welcome you along for the fun. Come along for the ride and begin your adventure into light science. Find out why some ideas from days past are no longer considered correct and how that changes the way we think of the future.

When the line between nightmare and reality fades, who can Sadie turn to when those closest to her are the ones she should fear most? After her parent's tragic death, Sadie moves to England to live with her grandmother. However, she slowly comes to realize that her nightmares aren't the only place she is haunted. Stalked and tormented by hooded strangers, Sadie struggles to unearth her grandmother's dark secret. She discovers truths about her family's history that she never thought possible. Sadie is different; different from everyone else. The revelation brings more troubles than she's able handle alone. Can anyone help her?

THE STAIRWAY TO HEAVEN describes nine clearly defined stages of consciousness, which explain the development of each person starting from dreamlike unawareness to full enlightenment. This groundbreaking book combines Tibetan Buddhist teachings with modern psychotherapy to offer a full understanding of people's psychological, mental and spiritual development. You will learn: To recognise nine clearly defined stages of consciousness in yourself and everybody else, how people's sense of self, their world view, the way they think, and how they act, radically change at each stage of their development, what kind of help people need depending on their stage of consciousness, how to speed up your own development in every area of your life by applying the principles of the STAIRWAY TO HEAVEN. Tara Sanders has been a teacher since 1997; a qualified psychotherapist since 1990 and a successful self-help book author. Tara has been helping clients from all over the world to find love, success and happiness by applying the nine stages of consciousness of the STAIRWAY TO HEAVEN.

A little bit of this, a little bit of that. Shit, Niggas need to know!

Come and discover the extraordinary story of how consciousness is born from the unconscious. This is the story of existence. This is the story of the meaning of life, the universe and everything. Everything conscious has the unconscious for a mother. To evolve. As we see in our dreams, thinking can produce outer worlds, which we imagine are external to us but are just our own constructs. We are all part of a living cosmic organism, seeking to optimize itself, to perfect itself. The Cosmic Mind produces a Cosmic Mind of our own construct and come to consciousness via all the problems and struggles it encounters there. We are alienated from the world because we fail to understand that we unconsciously created it. Only consciousness can reveal the truth: that everything is made of energy.

... if we put our mind to it. Minds and their thoughts are all that exist. There is nothing else.

[The Book](#)

[Antipathy](#)

[Jack and Jill](#)

[Power Vs. Force](#)

[Blessed](#)

[The Map of Consciousness Explained](#)

[Healing and Recovery](#)

[Letting Go](#)

[Transcending the Levels of Consciousness](#)

[Book of Slides](#)

[I'm Trapped](#)

This Book of Slides is a comprehensive "atlas" of the vast terrain covered by Dr. David R. Hawkins in his public lectures, 2002-2011. It contains the compendium of his lecture slides, along with a summary of his teaching at each lecture. Far from being a dry read, this book is filled with real life examples, humorous anecdotes, and personal experiences of "Doc" never before found in written form. Widely appreciated for his unusual capacity to illumine the Real in everyday terms, Dr. Hawkins lectured on such vital topics as The Nature of God, Nonduality, Self-Realization, Spirituality in the Modern World, Spiritual Community, Spiritual Teachers, The Way of Devotion, Qualities of the Spiritual Seeker, Love, Success, and Happiness.

Explores the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. It expands the understanding of the levels of consciousness as presented in the widely-acclaimed Map of Consciousness. The book focuses on the individual, and studies the experiential subjective blocks to the advancement of awareness, at each level of consciousness. This leads to progressive spiritual awareness and on to higher levels of consciousness, providing specific steps for transcending each level, preparatory to advanced states such as Enlightenment itself. By analyzing the various obstacles and levels to be transcended, certain principles that support spiritual evolution are self-revealing. This book si therefore a practical manual rather than a comprehensive analysis.

The now widely known Map of calibrated levels of Consciousness was presented in Power vs. Force in 1995 and has been translated into all the world's major languages. This was followed by The Eye of the I (2001), I: Reality and Subjectivity (2003), and Truth vs. Falsehood (2005), which explored the levels of Truth reflected throughout society. Transcending the Levels of Consciousness returns to the exploration of the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. As with the reading of Dr. Hawkins' previous books, the reader's level of consciousness is advanced as a consequence of exposure to the information itself. This opens up avenues to the relief of suffering for oneself and others, which fulfills the purpose of the work and the intention to facilitate the reader's own Enlightenment.

I: Reality and Subjectivity explains the very essence of consciousness as it evolved from its primordial appearance as life on earth, on up through evolution as the human ego, and hence, the transcendence of the ego as the spiritual Reality of Enlightenment and the Presence of Divinity. The uncommon clarity and lucidity with which the highly evolved subject matter is presented facilitates the reader's understanding and comprehension. The nature of consciousness is described in terms that recontextualize and simplify the spiritual process. The nonlinear reality of the enlightened sage is thereby made comprehensible to the reasoning mind.

To truly heal is to "make whole" on all levels, in contrast to "treating" which is limited and short-sighted, as Hawkins has emphasized in his best-selling series of books on human consciousness. These holistic lectures were first presented to a variety of recovery organizations and clinicians from diverse backgrounds. The emphasis is on recovery in its fullest sense - mental, physical, psychological and spiritual. Hawkins draws from a diverse clinical background of over 50 years as a leader in the field.--

This is the second volume of a trilogy that began with Power vs. Force and will be completed in the year 2002 by the publication of the third volume entitled I: Reality and Subjectivity. The Eye of the I (which calibrates at 950) is more advanced than Power vs. Force (which calibrates at 850) and brilliantly reveals the very core of the spiritual process critical to the state of Enlightenment. The intrinsic power of the information provided in this startling classic is sufficient of itself to elevate the consciousness of the reader. This likelihood has been anticipated and provided for by preparatory recontextualizations. Included are verbatim dialogues with advanced students, instructions, and explanations that illuminate the spiritual teachings. The Eye of the I is a brilliant work that dissolves the barriers between the known and the unknown, between science and spirituality, and between the Newtonian linear paradigm of the ego and the nonlinear reality of Enlightenment. With the resolution of the self, the Self shines forth and reveals one's true identity.

"A farmer and entrepreneur, Chase is a man of many abilities. Now he is being asked to use those abilities, and his own particular skills with a sword and bow, to assist an alien planet. This means trading a valuable resource that the planet harbours to convince the Inter-galactic Federation to repair its failing sun" -- Back cover.

Boxers Real Men Don't Wax Cinderella's cleueless. Prince charming, he is not. But that's not going to keep one devil of a cat from having his happy ending. Join Mephistopheles as he tries to convince two people that their stars are well and truly crossed. Bast Fantasy An ancient race lives among us. They hide in the shadows. Some are benevolent, others not. For Edwin Cole, an ordinary college teacher, a chance encounter reveals both on the same night. Will a whole new life begin, or will it crush him beneath its claws? Briefs First contact, bored technicians, demented seniors, and murderous pets. Here are a few short stories to make you laugh and wonder about the furry creature staring back at you.

[Wakeupnigga](#)

[Discovery of the Presence of God](#)

[Wild World](#)

[Blessings in Disguise](#)

[Another City](#)

[Morning Coffee](#)

[I](#)

[How to Say NO](#)

[A Stream of Dreams](#)

[You Decide](#)

[From Which Nothing Is Hidden](#)

How often have you heard yourself responding with YES to things that were not good for you? Things that consumed your time and energy, and sabotaged your confidence? Have you found yourself experiencing uncomfortable situations, unhealthy relationships and carrying out tasks that you weren't supposed to simply because you didn't quite know how to say NO? Then read this book.

Traditional beliefs about meeting goals are fundamentally flawed. Goal setting tactics assume goals are measurable, achieved, and final-all attributes that describe objectives, not goals. Unlike objectives, which are by their very nature self-contained, goals are immeasurable. A goal is realized, not achieved, and must be maintained to remain successful. What good is the goal of losing weight if you don't keep the weight off? Losing twenty pounds is an objective. Keeping that twenty pounds from returning is a goal, which must be maintained to remain a success. In Three Your Life, entrepreneur and accidental expatriate David R. Sanders applies this important distinction between goals and objectives. Beginning with attitude, outlook, and perception, Sanders builds a solid foundation on which to effect major life changes. Learn to differentiate between needs, wants, and desires-and discover how focusing on desires causes everything else to fall into place. To realize desires, Sanders reevaluates conventional thinking on prioritizing tasks, using a three-part daily structure that ensures you're working toward a productive and fulfilling life. A fresh new approach to goal setting, Three Your Life offers the opportunity to realize your goals, achieve your objectives, and understand the difference between the two.

Discusses the forces that people can control versus the unseen, uncontrollable powers which actively govern many lives.

The sixth book in a progressive series by Dr. David R. Hawkins, this work finalizes and further clarifies the true nature and core of the condition termed Enlightenment. It is primarily an instruction manual for the serious spiritual devotee and reveals information only known by those who have transcended the ego to reach Divine Realization. This is the inner route from the self to the Self, and the descriptions of the progressive states are devoted to the reader's own illumination. This work will appeal to those who themselves are dedicated to the spiritual Reality of Truth as the direct pathway to God.

Everything you need to know to look after yourself to bring about and maintain perfect health, prosperity, wealth, happiness, quality of life and longevity. It reveals that we are, without realising, not doing enough or the right things to protect our health and prosperity which is equally extremely damaging to nature, wildlife, oceans, sea-life, fresh springs, waterways and air, and us. The Book by Linde utilises new and ancient knowledge from around the world, over the millennia identifying what changes we need to make to enhance every aspect of our lives with simple solutions for almost every situation. It is your most powerful contribution to protecting, nurturing and saving our planet. In summary, 'THE BOOK' Consists of Six Chapters which incorporates a summary within each one: Lifestyle; Food & Nutrition; Medical Care; Mind; Water; and Now Live the final chapter which you can cast your eye over first as it is a synopsis of the complete works. It is highly recommend to read from cover to cover but, it is packed with valuable information to just use as a Reference Manual on a day to day basis. Teaches you how to look after your body and mind to ultimately prevent illness, but also to help regain and maintain perfect health; Provides countless number of practical, realistic & simple tips to easily adopt into your day to day lifestyle improving quality of life, saving time & money and gaining longevity; Fuses together specialised areas in health & mind, lifestyle & environment under one cover; Identifies our day to day toxic exposures that we are unaware of and provides successful resolutions; Gives you complete fundamental knowledge and awareness, to use your courage to take responsibility for your life enhancing your health, prosperity and happiness; Provides you with ancient knowledge and practices to new, from science including quantum physics, to philosophy, psychology, and important detail on nutrition, exercise, energies and medicine; Is very current, answering all the conflicting hype about diets, the next super food or the bad effects of conventional drugs or sugar that are in the media weekly, even daily; For more information please visit www.thebookbook.co.uk

Reveals a breakthrough in documenting a new era of human knowledge. Only in the last decade has a science of Truth emerged that, for the first time in human history, enables the discernment of truth from falsehood. Presented are discoveries of an enormous amount of crucial and significant information of great importance to mankind. Truth and Reality, Dr. Hawkins states, have no secrets, and everything that exists now or in the past- even a thought- is identifiable and calibratable from the omnipresent field of Consciousness itself.

Danielle is a troubled but bright girl at Martino Prep, an old private academy she attends to help her chances of getting into a top-rated medical school. After a new student arrives and disrupts Danielle's plans, simple jealousy develops into a path of obsession and carnage.ANTIPATHY is a psychological horror thriller that pays homage to Italian Giallo and American slasher films. For Mature Readers Only.

Describes a means to let go of the obstacles to Enlightenment and become free of negativity.

[Devotional Nonduality](#)

[All Eye's on U](#)

[E Does Not Equal Mc Squared](#)

[A Tale of Redemption](#)

[The Stairway of Enlightenment](#)

[Layers](#)

[Boxers & Briefs](#)

[Nine Steps of Consciousness from Unawareness to Full Enlightenment](#)

[The Stairway to Enlightenment](#)

[The Eye of the I](#)

[A Proven Energy Scale to Actualize Your Ultimate Potential](#)

Cold Gather begins as notorious, self-destructive glassblower Neil Bishop is diagnosed with a malignant, inoperable tumor. Told he has less than six months to live, he turns to his old friend, Jack Scanlon, to organize a Pre-Wake Party in their hometown to say good-bye to his friends. At the party, Jack gets his first real look at Neil's live-in lover of four years, Marla Stone. Neil has often vividly described Marla's fiendish temper and consuming libido. Jack is instantly pole-axed by her poise, her smoky beauty and her sensuality, generating this inebriated exchange at the end of the day: "I turned to my dear friend, this man with whom I had howled at the moon and raised so much hell across the years and said, 'Of course you realize that, as soon as you're cold, I'm coming after Marla.' He squeezed my shoulder, smiled broadly and said, 'You should do that. She'd be good for you.' He had never been more wrong, but sometimes we hear only what we want. I could not ignore an imprimatur like this." Neil is dead within three months of the party. It had been rumored over many years, (although no one had seen them), that Neil had finally completed his masterwork: seven large works of molded glass he called "The Deadly Sins." In 1994, he had given the first piece, "Lust", to Jack for safekeeping. The existence and whereabouts of the other six pieces were unknown until Jack's first trip to visit Marla in California. As an intensely passionate relationship unfolds between Marla and Jack, she finally takes him to see five mind-blowing pieces; Envy, Gluttony, Anger, Pride and Sloth-- bequeathed to her by Neil. Beautifully written, Tom Buechler's muscular first novel revolves around the tempestuous, often explosive, relationship between Jack and Marla as they fall in and out of love during their search for the missing Seventh Sin--Greed. In *Cold Gather*, Buechler showcases his trademark earthy dialogue and his unique gift for creating offbeat characters. He has crafted a robust story that is smart, bold and darkly funny with a satisfyingly twisted finale.

Gary Ryan's life was no fairytale. His alcoholic father was gone for good and he hated his abusive stepfather! At twelve, he was stealing, fighting, and drinking, which led to jail, auto thefts, and robberies. Despite his attempts to work, attend school, and maintain good relationships, drugs and alcohol always led him back to crime and back to jail. Gary was a self-will run riot and it would be years before he discovered his problems stemmed from his disconnectedness with higher consciousness. *Blessings in Disguise* is the story of Gary's journey to recovery, which began when he successfully completed a two-year academic program at Camarillo State Mental Hospital as a student, not a patient. But through those years, he continued to struggle with his addictions as they got in the way of his relationships, his work and his ability to find happiness. Unsure of where to turn, he finally followed his ex-wife's suggestion to attend an AA meeting. It was her new husband that took Gary to his first meeting where he was introduced to the fellowship of AA, and soon came to believe that change was possible and that the life he had hoped for was within reach. Gary also credits A Course in Miracles for helping him grow in the understanding and peace of mind he discovered in this new life of sobriety and integrity. His remarkable story will inspire readers to find their own path to serenity and happiness! The sketch-style depictions and unusual fonts create an eerie atmosphere where the reader has to decide if what they see really happened or if it is just a work of fiction. Includes writing space for your conclusions. This book makes a great group activity. This is not intended for children. Contains brief nudity.

A public square bombing in Yemen and shipment of rockets from North America only randomly connect university researcher Arthur Crawford and Washington anti-terrorism expert Myron Klass. But coincidence is quickly overshadowed by reality when a Spaniard known as the most thoughtful of arms dealers has ambitions to devastate the US. Strap yourself in as former Canadian Member of Parliament Dr. David C. Walker boldly weaves together their lives and stories in *Wild World*, the first in a series of political mysteries novels that is sure to make you question what you've been told and what you need to know.

Shayla had no idea her life would turn out like it did. She had two kids, independent, a college degree, owns a Top Business Consulting firm in Buckhead, Atlanta and a Non-profit organization for the community, but in the midst of it all she was Trapped. Trapped in love, hate, lust and PAIN!! She had a natural body that these women would die for, her personality made her beautiful, her presence was unreal and she had a smile that would lighten up your darkest days. Shayla wasn't your average chick she was street and book smart, but had one problem men was her weakness. She picked the men she had the weakness for. Shayla was living a triple life and the walls were starting to close in on her fast.. Shayla was focused on her businesses, but on the flip side enjoyed herself. She never meant to hurt anyone feelings, so she tried to be as upfront as possible when they would ask, which was never so, she never offered the information. She is about to go for the ride of her life, she's a street girl by nature, maybe she can get herself out it. Her best friend Kisha is by her side to support her until Shayla finds out her secret. Shayla is into deep.....

"The Map of Consciousness Explained is an essential primer on the late Dr. David R. Hawkins's teachings on human consciousness and their associated energy fields. Using muscle testing, Dr. Hawkins conducted more than 250,000 calibrations during 20 years of research to define a range of values, attitudes, and emotions that correspond to levels of consciousness. This range of values-along with a logarithmic scale of 1 to 1,000-became the *Map of Consciousness*, which Dr. Hawkins first wrote about in his *New York Times* bestseller, *Power vs. Force*. In this book, readers will gain an introduction and deeper understanding of the Map, with visual charts and practical applications to help them heal, recover, and evolve to higher levels of consciousness and energy"--

In his debut collection of poetry, Steve Coughlin examines the severity of family trauma on both personal memory and the human psyche. Written in an accessible, colloquial voice that poet J. Allyn Rosser describes as "strong, versatile, original...[and] capable of radically different tones and angles of approach," these poems move from haunted laments to playful musings as they negotiate the complexities of grief with the desire to escape into the imagination's safe refuge. Ultimately, in *ANOTHER CITY* Coughlin depicts the harsh struggles of a working class family and leaves readers to consider what healing, if any, the imagined world can offer.

[The Hidden Determinants of Human Behavior](#)

[Cold Gather](#)

[Within Walls](#)

[The Door Is Open](#)

[Along the Path to Enlightenment](#)

[Dink](#)

[Startrader](#)