The Stairway Of Enlightenment

A compilation of quotations and proverbs from the most enlightened, intelligent, and forward thinkers in human history regarding the most important aspects of life. Compiled and arranged to give the reader a clear direction in their life based on their internal needs, wants, and desires. While no one on Earth is special, everyone is unique. Nobody past, present, or future has gone through or has had the same thoughts and experiences as you, nor will they in the future. As

a result, you see the world in a completely unique way. Studying these volumes will quide your mind's eye in distinguishing the most significant passages to you and your being as well as reaffirming or contradicting what you already know and believe, by the wisest people throughout history. Out of the thousands of quotes and proverbs within these volumes, your personality will subconsciously pick out the most relevant quotes and proverbs to you and you alone. It would be a mistake to concentrate on only one topic because all the subjects are connected to Page 2/47

aid you in reaching your own epiphany. Many of the most profound quotes and proverbs are recorded under various topics throughout the book. Though you may only be interested in "Success & Failure, " many of the quotes and proverbs attributed to success can also be found under "Leadership," "Attitude," or even "Life, Purpose, & Growth, " for example. The aim of this huge collection of human wisdom is enlightenment: to assist the readers in realizing what is truly important in life, as well as to find their true self; to shatter the illusions that everyone builds for Page 3/47

themselves through false assumptions and stereotypes; to find their true inner being; to find purpose; and, most importantly, to discover what makes them and them alone happy. To receive the full benefit of these volumes and to fully immerse yourself in self-discovery, you must commit to studying the entire collection. If you only want to scratch the surface of what is important in life, then limit yourself to a single volume. But if you want to master your true purpose, then study all four volumes.

Roary is everyman's dream with her long, beautiful chestnut hair, bright green Page 4/47

eyes, luscious tan skin, and tight, toned body. Roary spent her entire life as an Army brat and after the death of her father she becomes an exotic dancer. Through her many adventures with her friend Shelly she finds herself falling for a Soldier. Between the pain of losing her father, love for dancing, and defying her own rules, Roary finds herself on the adventure of a lifetime. Gizmo Goes to a Baseball

Gizmo Goes to a Baseball
Game is the first in a
series of Gizmo Goes
Adventures.Gizmo is excited
to go to his first baseball
game. He is even more
excited to meet the team's

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mascot, Chico, a little dog too. Gizmo gets sidetracked and the day does not go as planned.

This is an engaging book ready to take you on an afternoon voyage through the cosmos. You help with experiments and learn some of the processes that go into making up scientific hypotheses on relativity, the speed of light and other light matters. Some humor is interjected to soften the dryness of the subject matter. Delightful illustrations will welcome you along for the fun. Come along for the ride and begin your adventure into light science. Find out why some Page 6/47

ideas from days past are no longer considered correct and how that changes the way we will all look at the science of the stars in the future.

This book by dream expert Leon Nacson is more than just a dream dictionary or a thesaurus. It is a definitive dream decoder. Finally, you can simply and effortlessly discover the true meaning behind the symbols in your dreams. Unlike traditional dream dictionaries, this book presents the meanings behind modern-day symbols such as mobile phones, boom boxes, and DVD players. For example, spiders are Page 7/47

becoming more common in dreams because we spend more time on the World Wide Web these days. Traditional dictionaries might simply describe spiders as symbols of danger and entrapment. Ultimately, this book will become the benchmark for accurate dream interpretation. A little bit of this, a little bit of that. Shit, Niggas need to know! In 33 Bits, a gold charm bracelet tangibly records the adventure, friendships, love, and disappointment experienced by a young American woman during a lifechanging journey to England. Describes a means to let go Page 8/47

of the obstacles to Enlightenment and become free of negativity.

Cold Gather

E Does Not Equal Mc Squared
Dink

All Eye's on U

A Stream of Dreams

The Stairway to Heaven

Another City

33 Bits

The Stairway of

Enlightenment

Three Your Life

The Book of Life

Everything you need to know to look after yourself to bring about and maintain perfect health, prosperity, wealth, happiness, quality of life and longevity. It reveals that we are, without realising, not doing enough or the right things to protect our health Page 9/47

and prosperity which is equally extremely damaging to nature, wildlife, oceans, sea-life, fresh springs, waterways and air, and us. The Book by Linde utilises new and ancient knowledge from around the world, over the millennia identifying what changes we need to make to enhance every aspect of our lives with simple solutions for almost every situation. It is your most powerful contribution to protecting, nurturing and saving our planet. In summary, 'THE BOOK' Consists of Six Chapters which incorporates a summary within each one: Lifestyle; Food & Nutrition; Medical Care: Mind: Water: and Now Live the final chapter which you can cast your eye over first as it is a synopsis of the complete works. It is highly recommend to read from cover to cover but, it is packed with valuable Page 10/47

information to just use as a Reference Manual on a day to day basis. Teaches you how to look after your body and mind to ultimately prevent illness, but also to help regain and maintain perfect health; Provides countless number of practical, realistic & simple tips to easily adopt into your day to day lifestyle improving quality of life, saving time & money and gaining longevity; Fuses together specialised areas in health & mind, lifestyle & environment under one cover: Identifies our day to day toxic exposures that we are unaware of and provides successful resolutions; Gives you complete fundamental knowledge and awareness, to use your courage to take responsibility for your life enhancing your health, prosperity and happiness; Provides you with ancient knowledge and practices to new, from Page 11/47

science including quantum physics, to philosophy, psychology, and important detail on nutrition, exercise, energies and medicine; Is very current, answering all the conflicting hype about diets, the next super food or the bad effects of conventional drugs or sugar that are in the media weekly, even daily; For more information please visit www.thebookbook.co.uk An unlikely group of space travelers travel to the moon and find themselves among familiar residents. (Black and white version)

The now widely known Map of calibrated levels of Consciousness was presented in Power vs. Force in 1995 and has been translated into all the world's major languages. This was followed by The Eye of the I (2001), I: Reality and Subjectivity (2003), and Truth vs. Falsehood (2005), which Page 12/47

explored the levels of Truth reflected throughout society. Transcending the Levels of Consciousness returns to the exploration of the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. As with the reading of Dr. Hawkins' previous books, the reader's level of consciousness is advanced as a consequence of exposure to the information itself. This opens up avenues to the relief of suffering for oneself and others, which fulfills the purpose of the work and the intention to facilitate the reader's own Enlightenment.

Explores the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. It expands the understanding of the levels of

consciousness as presented in the wiedely-acclaimed Map of Consciousness. The book focuses on the individual, and studies the experiential subjective blocks to the advancement of awareness, at each level of consciousness. This leads to progressive spiritual awareness and on to higher levels of consciousness, providing specific steps for transcending each level, preparatory to advanced states such as Enlightenment itself. By analyzing the various obstacles and levels to be transcended, certain principles that support spiritual evolution are selfrevealing. This book si therefore a practical manual rather than a comprehensive analysis. Kamari Grade was a well-known troubleshooter for the most discerning clients. But when called to investigate Page 14/47

one of the most powerful men in financing, she's thrown into the world of Huron Base. Financiers were usually polished in word and deed, but there was a sexy arrogance to Huron that blared former thug and it wasn't an image he wanted to forget. When the lovely troubleshooter crossed his path she was everything he loved about his life-challenge, drive, determination, strength, success, beauty ... For a man who could acquire anything, the allure of such a conquest was irresistible. Reveals a breakthrough in documenting a new era of human knowledge. Only in the last decade has a science of Truth emerged that, for the first time in human history, enables the discernment of truth from falsehood. Presented are discoveries. of an enormous amount of crucial and Page 15/47

significant information of great importance to mankind. Truth and Reality, Dr. Hawkins states, have no secrets, and everything that exists now or in the past- even a thought- is identifiable and calibratable from the omnipresent field of Consciousness itself.

Cold Gather begins as notorious, selfdestructive glassblower Neil Bishop is diagnosed with a malignant, inoperable tumor. Told he has less than six months to live, he turns to his old friend, Jack Scanlon, to organize a Pre-Wake Party in their hometown to say good-bye to his friends. At the party, Jack gets his first real look at Neil's live-in lover of four years, Marla Stone. Neil has often vividly described Marla's fiendish temper and consuming libido. Jack is instantly poleaxed by her poise, her smoky beauty Page 16/47

and her sensuality, generating this inebriated exchange at the end of the day;"I turned to my dear friend, this man with whom I had howled at the moon and raised so much hell across the years and said, 'Of course you realize that, as soon as you're cold, I'm coming after Marla. He squeezed my shoulder, smiled broadly and said, 'You should do that. She'd be good for you.'He had never been more wrong, but sometimes we hear only what we want. I could not ignore an imprimatur like this."Neil is dead within three months of the party. It had been rumored over many years, (although no one had seen them), that Neil had finally completed his masterwork; seven large works of molded glass he called "The Deadly Sins." In 1994, he had given the first piece, "Lust", to Jack for safekeeping. The existence Page 17/47

and whereabouts of the other six pieces were unknown until Jack's first trip to visit Marla in California. As an intensely passionate relationship unfolds between Marla and Jack, she finally takes him to see five mindblowing pieces; Envy, Gluttony, Anger, Pride and Sloth-- bequeathed to her by Neil.Beautifully written, Tom Buechler's muscular first novel revolves around the tempestuous, often explosive, relationship between Jack and Marla as they fall in and out of love during their search for the missing Seventh Sin--Greed.In Cold Gather, Buechler showcases his trademark earthy dialogue and his unique gift for creating offbeat characters. He has crafted a robust story that is smart, bold and darkly funny with a satisfyingly twisted finale. Life in lower class as offspring of a Page 18/47

notorious thief was simple for the Quartar daughters until accidental mishaps with the other classes of society turn their dirt poor lives around for worse and better. Eight young women are taken from the slums into the high class world they never understood only at first to find betrayal, suffering, scandal, revenge and corruption. Then, before they know it they are wrapped in the grandest scandal their country of Galli has ever seen. The kingdom of Cretaine is trying to overthrow the corrupted kingdom of Galli. The Quartar family must betray their world in order to save Galli from a brutal civil war. Life Lessons of Wisdom & Motivation -Volume III **Wakeupnigga** Discovery of the Presence of God The Hidden Determinants of Human Page 19/47

Behavior
A Paranormal Coloring Book
Phased Out
Jack and Jill
Power Vs. Force
I
Time to Pause
Layers

Explores the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. It expands the understanding of the levels of consciousness as presented in the widely-acclaimed Map of Consciousness. The book focuses on the individual, and studies the experiential subjective blocks to the advancement of awareness, at each level of consciousness. This leads to progressive spiritual awareness

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and on to higher levels of consciousess, providing specific steps for transcending each level, preparatory to advanced states such as Enlightenment itself. By analyzing the various obstacles and levels to be transcended, certain principles that support spiritual evolution are self-revealing. This book is therefore a practical manual rather than a comprehensive analysis.

An accessible exploration of bestselling author's most famous work, The Map of Consciousness, that helps readers experience healing and transcendence. We are all born with a level of consciousness, an energetic frequency within the vast field of consciousness. And with The Map of Consciousness, we can truly understand the total spectrum

of human consciousness. Using a unique muscle-testing method, Dr. David R. Hawkins conducted more than 250,000 calibrations during 20 years of research to define a range of values, attitudes, and emotions that correspond to levels of consciousness. This range of values-along with a logarithmic scale of 1 to 1,000-became the Map of Consciousness, which Dr. Hawkins first wrote about in his best-selling book, Power vs. Force. With the Map, Dr. David R. Hawkins laid out the entire spectrum of consciousness, from the lower levels of Shame, Guilt, Apathy, Fear, Anger, and Pride; to Courage, Acceptance, and Reason; all the way up to the more expanded levels of Love, Ecstasy, Peace, and **Enlightenment. These "higher"**

energy fields are a carrier wave of immense life energy. An essential primer on the late Dr. David R. Hawkins's teachings on human consciousness and their associated energy fields, The Map of **Consciousness Explained offers** readers an introduction and deeper understanding of the Map, with visual charts and practical applications to help them heal, recover, and evolve to higher levels of consciousness and energy. This book is a light unto the path of any individual who wants to become more effective in any area of life. Learn to let go of the illusions of the ego and discover the real you with this collection of inspiring quotes on the ego, mind, and spiritual enlightenment from humanconsciousness expert Dr. David R.

Hawkins. Are you willing to let go of seeing yourself as the ego believes you to be? Are you willing to go further, to know that the ego itself is an illusion? In this book, select teachings from Dr. David R. Hawkins's extensive body of work will guide you in the process of realization, surrender, and transformation. When we let go of the old ways of thinking, our attachments, and the false promises of the ego, we discover the truth that we are one with All. Features classic passages, including: • It is not really necessary to subdue the ego, but merely to stop identifying with it. • Every life experience, no matter how "tragic," contains a hidden lesson. When we discover and acknowledge the hidden gift that is

there, a healing takes place. • Enlightenment is not a condition to be obtained; it is merely a certainty to be surrendered to, for the Self is already one's Reality. It is the Self that is attracting one to spiritual information. • To be enlightened merely means that consciousness has realized its most inner, innate quality as nonlinear subjectivity and its capacity for awareness. • The only energy that has more power than the strength of the collective ego is that of Spiritual Truth. "This book is small in size, but it can have a massive impact on your life. It will take you through the process of a total transformation of consciousness—if you choose to apply its teachings deeply within yourself." — From the Introduction by Fran Grace, Ph.D.

This play is about the secrets that emerge when a family gathers to celebrate the 80th birthday of a crusty Oxford don. His daughters add fuel to the fire by bringing along partners who include a confused crime writer and a former gangster returning from the Costa del Crime. Mix in a dotty maiden aunt, a sad spinster and a mystery gunman and it adds up to a birthday party none of them will forget. "Insightful, touching, heart-warming and at times hilarious. Compelling viewing." The South Wales Argus Winner of the Award for Theatre Show 2014, presented by lifestyle and entertainment magazine Voice. Type: Drama Length: Full Cast: 4f 3m

Danielle is a troubled but bright girl at Martino Prep, an old private

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academy she attends to help her chances of getting into a top-rated medical school. After a new student arrives and disrupts Danielle's plans, simple jealousy develops into a path of obsession and carnage. ANTIPATHY is a psychological horror thriller that pays homage to Italian Giallo and American slasher films. For Mature Readers Only.

Upton Sinclair, one of America's foremost and most prolific authors, addresses the cultivation of the mind and the body in this 1922 volume. Sinclair's goal was to attempt to tell the reader how to live, how to find health, happiness and success, and how to develop fully both the mind and the body. Part One: The Book of the Mind covers such subjects as faith,

reason, morality, and the subconscious. Part Two: The Book of the Body develops such subjects as errors in diet, the fasting cure, food and poisons, work and play, and diseases and their cures. His name is Dink. He has adventures all around the world... And he's an idiot. If Arthur Conan **Doyle watched Fleischer Brother** cartoons all day in the hospital after sustaining a severe head injury, he might write something like this. If **Jack Handey wrote for Weird Tales** Magazine, circa 1934, and had a pretty serious substance abuse problem, he might sue me for plagiarism. If Forrest Gump, instead of being a kind and gentle man who seems dim but has hidden depths was, you know, the opposite of that; he might be Dink. If you like pulp Page 28/47

fiction, jokes, and you're not some kind of Brain Criminal, you'll definitely enjoy this book. "The Map of Consciousness Explained is an essential primer on the late Dr. David R. Hawkins's teachings on human consciousness and their associated energy fields. Using muscle testing, Dr. Hawkins conducted more than 250,000 calibrations during 20 years of research to define a range of values, attitudes, and emotions that correspond to levels of consciousness. This range of values-along with a logarithmic scale of 1 to 1,000-became the Map of Consciousness, which Dr. Hawkins first wrote about in his **New York Times bestseller, Power** vs. Force. In this book, readers will gain an introduction and deeper

understanding of the Map, with visual charts and practical applications to help them heal, recover, and evolve to higher levels of consciousness and energy"--Along the Path to Enlightenment Transcending the Levels of Consciousness The Stairway to Consciousness: The Birth of Self Awareness from <u>Unconscious Archetypes</u> The Stairway to Enlightenment **Destitution Antipathy** The Book **Gizmo Goes** You Decide Lenny on the Moon Insightful, Enlightened and Inspirational quotations and <u>proverbs</u>

"A wondrous, sparkling fusion of Page 30/47

wisdom and insight." - Patricia Santhuff What do the wonderful myths of ancient Greece, the beautiful stories in the Bible and Qur'an, and all the sacred stories from traditions around the world, have in common? They open our hearts to wonder, mystery, passion, and joy. I know, on the outside these stories seem very different, confusing, conflicting, and often violent and divisive. But when read symbolically and internally, they are all telling the same story. They show us the path of spiritual awakening and enlightenment. Sometimes the story is called "Returning to the Promised Land." Sometimes it's called "Seeking the Holy Grail." Sometimes it's called "Persephone's

Return to Olympus." But whatever it's called, the inner meaning and purpose is always the same. The stories are all a call to awaken, to live passionately and consciously, and to enter the door that leads to enlightenment and communion with the divine. The door is always open. The light is always ready to receive us. But we have to learn how to tread the path! Fortunately, that's what all the sacred stories are really about. THE DOOR IS OPEN uncovers the 7 Universal Steps that are found within the symbols and allegories of all great mythology and scripture. Each chapter ends with a series of practical and enjoyable spiritual exercises and activities. You can do this work on your own, or together

with a group. It could be a church or synagogue group, a book club, a classroom, or any group of friends who want to get together and expand their spiritual horizons. THE STAIRWAY TO HEAVEN describes nine clearly defined stages of consciousness, which explain the development of each person starting from dreamlike unawareness to full enlightenment. This groundbreaking book combines Tibetan Buddhist teachings with insights from transpersonal psychotherapy to offer a full understanding of people's psychological, mental and spiritual development. You will learn: To recognise nine clearly defined stages of consciousness in yourself and everybody else, how people's sense of

self, their world view, their values and all their behaviours radically change at each stage of their development, what kind of help people need depending on their stage of consciousness, how to speed up your own development in every area of your life by applying the principles of the STAIRWAY TO HEAVEN. Tara Springett M.A. is a qualified Buddhist teacher since 1997; a qualified psychotherapist since 1990 and a successful self-help book author. Tara has been helping clients from all over the world to find love, success and happiness by applying the nine stages of consciousness of the STAIRWAY TO HEAVEN.

www.taraspringett.com

The sketch-style depictions and unusual fonts create an eerie atmosphere where the reader has to decide if what they see really happened or if it is just a work of fiction. Includes writing space for your conclusions. This book makes a great group activity. This is not intended for children. Contains brief nudity.

What if we are failing as humans? Ambrosia Richmond, her wife Joyce, and the rest of humanity find out the answers to these questions first hand. After the entire human race is taken, they find themselves trapped in a mysterious new world. Each person is put through a series of tests that come with dire consequences for failure. Even though Sia is

determined to find her family, she continually finds herself struggling just to stay alive. Battling against fellow humans, as well as creatures unknown, makes it clear to her that everything she has been taught about the creation of life is wrong A series of bad choices led caterer Teresa Steplowski to a romance with a reality star--including their sex life being aired on the show. Her conservative family is horrified, her best friend is too occupied with planning a wedding to offer support, and her pregnant roommate feels the need to share everything she learns about the natural birthing process. In great detail. Plus, the reality star ex-boyfriend doesn't understand why she broke up with him and

wants her back. Teresa desperately needs an escape from her life and worries she won't be able to put the brakes on the next crazy decision she might make. A rendezvous with a sexy stranger provides a distraction, but it isn't until she enters a cooking show contest and meets struggling novelist Gabe De Luca that things really begin to heat up.

I: Reality and Subjectivity explains the very essence of consciousness as it evolved from its primordial appearance as life on earth, on up through evolution as the human ego, and hence, the transcendence of the ego as the spiritual Reality of Enlightenment and the Presence of Divinity. The uncommon clarity and lucidity with which the highly

evolved subject matter is presented facilitates the reader's understanding and comprehension. The nature of consciousness is described in terms that recontextualize and simplify the spiritual process. The nonlinear reality of the enlightened sage is thereby made comprehensible to the reasoning mind.

Traditional beliefs about meeting goals are fundamentally flawed. Goal setting tactics assume goals are measurable, achieved, and final-all attributes that describe objectives, not goals. Unlike objectives, which are by their very nature self-contained, goals are immeasurable. A goal is realized, not achieved, and must be maintained to remain successful. What good is the goal of

losing weight if you don't keep the weight off? Losing twenty pounds is an objective. Keeping that twenty pounds from returning is a goal, which must be maintained to remain a success. In Three Your Life, entrepreneur and accidental expatriate David R. Sanders applies this important distinction between goals and objectives. Beginning with attitude, outlook, and perception, Sanders builds a solid foundation on which to effect major life changes. Learn to differentiate between needs, wants, and desires-and discover how focusing on desires causes everything else to fall into place. To realize desires, Sanders reevaluates conventional thinking on prioritizing tasks, using a three-part daily

structure that ensures you're working toward a productive and fulfilling life. A fresh new approach to goal setting, Three Your Life offers the opportunity to realize your goals, achieve your objectives, and understand the difference between the two.

To truly heal is to "make whole" on all levels, in contrast to "treating" which is limited and short-sighted, as Hawkins has emphasized in his best-selling series of books on human consciousness. These holistic lectures were first presented to a variety of recovery organizations and clinicians from diverse backgrounds. The emphasis is on recovery in its fullest sense - mental, physical, psychological and spiritual. Hawkins

draws from a diverse clinical background of over 50 years as a leader in the field.--Reality and Subjectivity Love and Bliss Nine Steps of Consciousness from <u>Unawareness to Full Enlightenment</u> A Proven Energy Scale to Achieve Your Ultimate Potential A Proven Energy Scale to Actualize Your Ultimate Potential Tasty Dish: That's Entertainment: Book 3 Cheesey Moon Dreams The Map of Consciousness **Explained** The Ego Is Not the Real You Letting Go Good Reception Discusses the forces that people

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can control versus the unseen. uncontrollable powers which actively govern many lives. The sixth book in a progressive series by Dr. David R. Hawkins, this work finalizes and further clarifies the true nature and core of the condition termed Enlightenment. It is primarily an instruction manual for the serious spiritual devotee and reveals information only known by those who have transcended the ego to reach Divine Realization. This is the inner route from the self to the Self, and the descriptions of the progressive states are devoted to the reader's own illumination. This work will appeal to those who themselves are dedicated to the spiritual Reality of Truth as

the direct pathway to God. What blocks spiritual progress? And how do we transcend these blocks? The spiritual teachings of David R. Hawkins on the nature of consciousness, spirit, and ego are known worldwide by students seeking to realize spiritual Truth. As a mystic, Dr. Hawkins has infused the truths found in the precepts of Western religion with the core of Eastern philosophy, bridging the familiar, physical world to the nonlinear, spiritual domain. This collection of passages, carefully selected from Dr. Hawkins's extensive writings, offers readers a new contemplation for each day. Any one of these passages, fully understood, can elevate one's level of consciousness.

How does it feel to be here and there - at the same time? Maxwell Greyson refers to himself as a project manager but really only makes use of that title in an attempt to mask his ridiculousness, which is something that has plagued him all of his life. He unwittingly embarks on a quest to find what he's always sought. He finds it, or rather he finds something, but doesn't know exactly how to process it or what to do with it. What ensues is a journey that starts at zero and ends up near the edge of the multiverse. Or is it the other way around? Poems about animals we live around, nature and its affects on us, also other things to pause and think about. Contains color

pictures. this is a paperback with thirty-six pages, twenty-eight poems.

Come and discover the extraordinary story of how consciousness is born from the unconscious. This is the story of existence. This is the story of the meaning of life, the universe and everything. Everything conscious has the unconscious for a mother. To exist is to live, to have a mind, and to think. As we see in our dreams, thinking can produce outer worlds, which we imagine are external to us but are just our own constructs. We are all part of a living cosmic organism, seeking to optimize itself, to perfect itself. The Cosmic Mind produces a Cosmic World in which Mind can contend

with its own construct and come to consciousness via all the problems and struggles it encounters there. We are alienated from the world because we fail to understand that we unconsciously created it. Only consciousness can reveal the truth: that everything is made by us, that we have total control over it ... if we put our mind to it. Minds and their thoughts are all that exist. There is nothing else. In his debut collection of poetry, Steve Coughlin examines the severity of family trauma on both personal memory and the human psyche. Written in an accessible, colloquial voice that poet J. Allyn Rosser describes as "strong, versatile, original...[and] capable of radically different tones and

angles of approach," these poems move from haunted laments to playful musings as they negotiate the complexities of grief with the desire to escape into the imagination's safe refuge. Ultimately, in ANOTHER CITY Coughlin depicts the harsh struggles of a working class family and leaves readers to consider what healing, if any, the imagined world can offer. **Healing and Recovery Devotional Nonduality** Truth vs. Falsehood The Pathway of Surrender The Door Is Open **According to Claudia** Wisdom to Transcend the Mind and Realize the Self