

The Hidden Determinants Of Human Behavior

The psychology classic—a detailed study of scientific theories of human nature and the possible ways in which human behavior can be predicted and controlled—from one of the most influential behaviorists of the twentieth century and the author of Walden Two. “This is an important book, exceptionally well written, and logically consistent with the basic premise of the unitary nature of science. Many students of society and culture would take violent issue with most of the things that Skinner has to say, but even those who disagree most will find this a stimulating book.” —Samuel M. Strong, The American Journal of Sociology “This is a remarkable book—remarkable in that it presents a strong, consistent, and all but exhaustive case for a natural science of human behavior...It ought to be...valuable for those whose preferences lie with, as well as those whose preferences stand against, a behavioristic approach to human activity.” —Harry Prosch, Ethics

Drug overdose, driven largely by overdose related to the use of opioids, is now the leading cause of unintentional injury death in the United States. The ongoing opioid crisis lies at the intersection of two public health challenges: reducing the burden of suffering from pain and containing the rising toll of the harms that can arise from the use of opioid medications. Chronic pain and opioid use disorder both represent complex human conditions affecting millions of Americans and causing untold disability and loss of function. In the context of the growing opioid problem, the U.S. Food and Drug Administration (FDA) launched an Opioids Action Plan in early 2016. As part of this plan, the FDA asked the National Academies of Sciences, Engineering, and Medicine to convene a committee to update the state of the science on pain research, care, and education and to identify actions the FDA and others can take to respond to the opioid epidemic, with a particular focus on informing FDA's development of a formal method for incorporating individual and societal considerations into its risk-benefit framework for opioid approval and monitoring.

Reveals a breakthrough in documenting a new era of human knowledge. Only in the last decade has a science of Truth emerged that, for the first time in human history, enables the discernment of truth from falsehood. Presented are discoveries of an enormous amount of crucial and significant information of great importance to mankind. Truth and Reality, Dr. Hawkins states, have no secrets, and everything that exists now or in the past- even a thought- is identifiable and calibratable from the omnipresent field of Consciousness itself.

YOUR BODY DOESN'T LIE! YOU CAN ASK IT WHAT'S BEST FOR YOUR HEALTH. A simple muscle test can tell you what stimuli can strengthen or weaken you--how your body responds to stress, posture, specific foods, emotions, and your entire social and physical environments. Based on the role of the thymus gland in regulating body energy, this laboratory-tested method can guide you into a more vital, healthier way of life. Begin benefiting now from Dr. John Diamond's unique, personal synthesis of developments in psychiatry, preventive medicine, kinesiology, nutrition, and music therapy.

Dr. Wayne W. Dyer has researched intention as a force in the universe that allows the act of creation to take place. This beautiful gift edition of Wayne's international bestseller explores intention—not as something we do—but as an energy we're a part of. We're all intended here through the invisible power of intention—a magnificent field of energy we can access to begin co-creating our lives! Part I deals with the principles of intention, offering true stories and examples showing how to make the connection. Wayne identifies the attributes of the all-creating universal mind of intention as kind, loving, beautiful, expanding, endlessly abundant, and receptive, emphasizing the importance of emulating this source of creativity. In Part II, he offers an intention guide with specific ways to apply the co-creating principles in daily life. Part III is an exhilarating description of Wayne's vision of an individual connected at all times to the universal mind of intention. "Intention is a force in the universe, and everything and everyone is connected to this invisible force."

There is a gentle but profound revolution in human consciousness happening throughout the world — it has affected millions of people from all walks of life, and the numbers continue to multiply exponentially. The breakthroughs they have experienced are startlingly similar and are marked by a new sense of well-being, increased joy in life, diminished fear, and a natural impulse to serve and contribute to the world in a real way. For more than a decade, Arjuna Ardagh has studied this worldwide advance in human consciousness marked by what he calls “translucents” — individuals who have undergone a spiritual awakening deeply enough that it has permanently transformed their relationship to themselves and to reality, while allowing them to remain involved in ordinary life. The Translucent Revolution draws on the author's dialogues with thousands of writers, teachers, and workshop participants around the world who display characteristics of

“translucence.” He blends observation, anecdote, and research, including commentaries from leading pioneers in the field of human consciousness.

A pair of leading psychologists argues that prejudice toward others is often an unconscious part of the human psyche, providing an analysis of the science behind biased feelings while sharing guidelines for identifying and learning from hidden prejudices. 15,000 first printing.

An ethologist shows man to be a gene machine whose world is one of savage competition and deceit

[*Lost Connections*](#)

[*The Population Bomb*](#)

[*How Science Can Determine Human Values*](#)

[*Workshop Report*](#)

[*The Dark History of Medical Experimentation on Black Americans from Colonial Times to the Present*](#)

[*Human Development Report 2019 \(Chinese language\)*](#)

[*The Hidden Epidemic*](#)

[*The Selfish Gene*](#)

[*Dissolving the Ego, Realizing the Self*](#)

[*The Translucent Revolution*](#)

[*Universal Consciousness: the Next Step for Humanity*](#)

[*Identity Economics*](#)

[*Your Body Doesn't Lie*](#)

This Report is one of the first comprehensive studies on young children in India. It focuses on children under 6 years of age and presents key aspects of their well-being and development. With the highest number of neonatal, infant and under-5 deaths in the world, there is an urgent need to address issues that continue to affect the young child in India. This volume: Introduces two young child indices aggregating selected indicators to separately track child outcomes and child circumstances. Provides an account of the current situation of the young child in terms of physical and cognitive development, access to care, disadvantaged children and major issues that have led to the continued neglect of this age group. Explores the policy and legal framework, fiscal space and the role and obligations of key stakeholders, including the state, private sector, civil society, media and the family. Highlights key recommendations and action points that can help to improve the ecosystem for early childhood care and development. Drawing on specially commissioned technical background papers, supplemented by extensive field experience of Mobile Creches in childcare, this Report will be of interest to practitioners, policymakers and influencers, think tanks and researchers of public policy, development studies, human rights, sociology and social anthropology, as well as general readers. The Open Access version of this book, available at <http://www.tandfebooks.com/doi/view/10.4324/9781003026488>, has been made available under a Creative Commons Attribution-Non Commercial-No Derivatives 4.0 license. .

Thomas Gilovich offers a wise and readable guide to the fallacy of the obvious in everyday life. When can we trust what we believe—that "teams and players have winning streaks," that "flattery works," or that "the more people who agree, the more likely they are to be right"—and when are such beliefs suspect? Thomas Gilovich offers a guide to the fallacy of the obvious in everyday life. Illustrating his points with examples, and supporting them with the latest research findings, he documents the cognitive, social, and motivational processes that distort our thoughts, beliefs, judgments and decisions. In a rapidly changing world, the biases and stereotypes that help us process an overload of complex information inevitably distort what we would like to believe is reality. Awareness of our propensity to make these systematic errors, Gilovich argues, is the first step to more effective analysis and action.

The now widely known Map of calibrated levels of Consciousness was presented in Power vs. Force in 1995 and has been translated into all the world's major languages. This was followed by The Eye of the I (2001), I: Reality and Subjectivity (2003), and Truth vs. Falsehood (2005), which explored the levels of Truth reflected throughout society. Transcending the Levels of Consciousness returns to the exploration of the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them.

As with the reading of Dr. Hawkins' previous books, the reader's level of consciousness is advanced as a consequence of exposure to the information itself. This opens up avenues to the relief of suffering for oneself and others, which fulfills the purpose of the work and the intention to facilitate the reader's own Enlightenment.

This volume is a critical exposition of the data and analyses from a full decade of rigorous research into how age-related changes at the individual level, along with other factors, contribute to morbidity, disability and mortality risks at the broader population level. After summarizing the state of our knowledge in the field, individual chapters offer enlightening discussion on a range of key topics such as age trajectory analysis in select and general populations, incidence/age patterns of major chronic illnesses, and indices of cumulative deficits and their use in characterizing and understanding the detailed properties of individual aging. The book features comprehensive statistical analyses of unique longitudinal data sets including the unique resource of the Framingham Heart Study, with its more than 60 years of follow-up. Culminating in penetrating conclusions about the insights gained from the work involved, this book adds much to our understanding of the links between aging and human health.

As I begin to write this Preface, I feel a rush of excitement. I have now finished the book; my gestalt is coming into completion. Throughout the months that I have been writing this, I have, indeed, been intrinsically motivated. Now that it is finished I feel quite competent and self-determining (see Chapter 2). Whether or not those who read the book will perceive me that way is also a concern of mine (an extrinsic one), but it is a wholly separate issue from the intrinsic rewards I have been experiencing. This book presents a theoretical perspective. It reviews an enormous amount of research which establishes unequivocally that intrinsic motivation exists. Also considered herein are various approaches to the conceptualizing of intrinsic motivation. The book concentrates on the approach which has developed out of the work of Robert White (1959), namely, that intrinsically motivated behaviors are ones which a person engages in so that he may feel competent and self-determining in relation to his environment. The book then considers the development of intrinsic motivation, how behaviors are motivated intrinsically, how they relate to and how intrinsic motivation is extrinsically motivated behaviors, affected by extrinsic rewards and controls. It also considers how changes in intrinsic motivation relate to changes in attitudes, how people attribute motivation to each other, how the attribution process is motivated, and how the process of perceiving motivation (and other internal states) in oneself relates to perceiving them in others.

You want to do the right thing—to take care of your family, to be a good employee, to "be there" for your friends. And you're good at it. Everyone knows they can depend on you—so they do. But are you really doing what's best for them? And what about you—are you growing? Are you happy and relaxed? Are you excited about your gifts and your calling, or do you sometimes think, "I don't even know what I want anymore." Find out why you have trouble saying no. Learn why you feel accepted only when you are producing. And finally experience the deep joy and peace that come with serving other people out of your abundance, not out of your need.

Describes a means to let go of the obstacles to Enlightenment and become free of negativity.

This publication, prepared jointly by the WHO, the World Meteorological Organization and the United Nations Environment Programme, considers the public health challenges arising from global climate change and options for policy responses, with particular focus on the health sector. Aspects discussed include: an overview of historical developments and recent scientific assessments; weather and climate change; population vulnerability and the adaptive capacity of public health systems; the IPCC Third Assessment report; tasks for public health scientists; the health impacts of climate extremes; climate change, infectious diseases and the level of disease burdens; ozone depletion, ultraviolet radiation and health; and methodological issues in monitoring health effects of climate change.

[**When Pleasing Others Is Hurting You**](#)

[**Ditch debt, stop living from payday to payday, and manage black tax to #liveyourbestlife**](#)

[**Beyond Income, Beyond Averages, Beyond Today - Inequalities in Human Development in the 21st Century**](#)

[**Determinants of Healthy Life Span and Longevity**](#)

[**The Pathway of Surrender**](#)

[**Risks and Responses**](#)

[**Devotional Nonduality**](#)

[**I**](#)

Jaws

The Eye of the I

The Stairway to Enlightenment

The Hidden Determinants of Human Behavior

From Which Nothing Is Hidden

"This definitive work on HR competencies provides ideas and tools that help HR professionals develop their career and make their organization effective." —Edward E. Lawler III, Professor, University of Southern California

"This book is a crucial blueprint of what it takes to succeed. A must have for every HR professional." —Lynda Gratton, Professor, London Business School

"One single concept changed the HR world forever: 'HR business partner'. Through consistent cycles of research and practical application, Dave and his team have produced and update the most comprehensive set of HR competencies ever." —Horacio Quiros, President, World Federation of People Management Associations

"Packed with facts, evidence, and prescriptive advice. It is about being a business leader first, and an HR professional second." —Randy MacDonald, Senior Vice President, Human Resources, IBM Corporation

"The concepts and competencies presented in this book provide HR leaders with new insights." —Gina Qiao, Senior Vice President, HR Lenovo

"Powerful, relevant and timely! Defines "new HR" in a pragmatic way. This book is a must for leaders and HR folks who seek to create sustainable competitive advantage." —Satish Pradhan, Chief, Group Human Resources, Tata Sons Limited

"You can't argue with the data! This book is a definitive and practical guide to learning the HR competencies for success." —John Lynch, Senior Vice President, HR, General Electric

"A must read for any HR executive. This research-based competency model is particularly compelling because it is informed by the perspective of non-HR executives and stakeholders." —Sue Meisinger, Distinguished speaker and author, former CEO of SHRM

"Read this book for a unique long-term perspective on where HR competencies have brought us and must take us in future." —John Boudreau, Professor, University of Southern California and Research Director, Center for Effective Organizations

Inequalities in human development are a roadblock to achieving the 2030 Agenda for Sustainable Development. They are not just about disparities in income and wealth. They cannot be accounted for simply by using summary measures of inequality that focus on a single dimension. And they will shape the prospects of people that may live to see the 22nd century. The 2019 Report explores inequalities in human development by going beyond income, beyond averages and beyond today. It asks what forms of inequality matter and what drives them, recognizing that pernicious inequalities are generally better thought of as a symptom of broader problems in a society and economy. It also asks what policies can tackle those drivers—policies that can simultaneously help nations to grow their economies, improve human development and reduce inequality.

The United States has the dubious distinction of leading the industrialized world in overall rates of sexually transmitted diseases (STDs), with 12 million new cases annually. About 3 million teenagers contract an STD each year, and many will have long-term health problems as a result. Women and adolescents are particularly vulnerable to these diseases and their health consequences. In addition, STDs increase the risk of HIV transmission. The Hidden Epidemic examines the scope of sexually transmitted infections in the United States and provides a critical assessment of the nation's response to this public health crisis. The book identifies the components of an effective national STD prevention and control strategy and provides direction for an appropriate response to the epidemic. Recommendations for improving public awareness and education, reaching women and adolescents, integrating public health programs, training health care professionals, modifying messages from the mass media, and supporting future research are included. The book documents the epidemiological dimensions and the economic and social costs of STDs, describing them as "a secret epidemic" with tremendous consequences. The committee frankly discusses the confusing and often hypocritical nature of how Americans deal with issues regarding sexuality--the conflicting messages conveyed in the mass media, the reluctance to promote condom use, the controversy over sex education for teenagers, and the issue of personal blame. The Hidden Epidemic identifies key elements of effective, culturally appropriate programs to promote healthy behavior by adolescents and adults. It examines the problem of fragmentation in STD services and provides examples of communities that have formed partnerships between stakeholders to develop integrated approaches. The committee's recommendations provide a practical foundation on which to build an integrated national program to help young people and adults develop habits of healthy sexuality. The Hidden Epidemic was written for both health care professionals and people without a medical background and will be indispensable to anyone concerned about preventing and controlling STDs.

For more than 50 years, low-cost antimalarial drugs silently saved millions of lives and cured billions of debilitating infections. Today, however, these drugs no longer work against the deadliest form of malaria that exists throughout the world. Malaria deaths in sub-Saharan Africa—currently just over one million per year—are rising because of increased resistance to the old, inexpensive drugs. Although effective new drugs called "artemisinins" are available, they are unaffordable for the majority of the affected population, even at a cost of one dollar per course. Saving Lives, Buying Time: Economics of Malaria Drugs in an Age of Resistance examines the history of malaria treatments, provides an overview of the current drug crisis, and offers recommendations on maximizing access to and effectiveness of antimalarial drugs. The book finds that most people in endemic countries will not have access to currently effective combination treatments, which should include an artemisinin, without financing from the global community. Without funding for effective treatment, malaria mortality could double over the next 10 to 20 years and transmission will intensify.

How does one traverse the spiritual landscape to move beyond suffering to experience the peace and love of God, to dissolve illusion and realize the state of enlightenment? In this collection of inspiring passages from David R. Hawkins's work, the reader is reminded of the illusory nature of the personal self (identification of the ego/mind) and the direct pathways to dissolve the ego/mind's trappings. This pocket edition is designed especially for today's spiritual student on the go, to inspire contemplation and reflection during a break at work, while hiking in the woods, during a quiet coffee-shop moment, on an airplane, with a partner—in whatever environment one finds oneself. Dissolving the Ego, Realizing the Self is a reliable companion on the aspirant's quest toward higher truth.

Now more than ever, humankind is in need of developing its higher consciousness to heal itself and Earth and to experience life in a much more meaningful way. By expanding our consciousness, we can see the connections and unity that exist in all reality, and we might see objects with sharper colors, hear sounds with greater clarity, or even experience

two sensations simultaneously! In this book, you will explore the fascinating multidimensionality that is yours for the taking. "You might think that the mind is in the cells, but in reality, the mind also exists as an energy field located in the aura, meaning the mind exists in a realm that in part is in the third dimension but also exists in other dimensions as well. The mind is naturally multidimensional." — Vywamus Chapters Include The Laws of Consciousness The Next Step for Humanity Thought Fields Superintelligence: A New Consciousness Quantum Cohesiveness Unified Consciousness and Earth's Noosphere The Intersection of the Dimensions Folding the Space-Time Continuum And much, much more! David R. Hawkins details how anyone may resolve the most crucial of all human dilemmas: how to instantly determine the truth or falsehood of any statement or supposed fact. Dr. Hawkins, who worked as a "healing psychiatrist" during his long and distinguished career, uses theoretical concepts from particle physics, nonlinear dynamics, and chaos theory to support his study of human behavior. This is a fascinating work that will intrigue readers from all walks of life!

The sixth book in a progressive series by Dr. David R. Hawkins, this work finalizes and further clarifies the true nature and core of the condition termed Enlightenment. It is primarily an instruction manual for the serious spiritual devotee and reveals information only known by those who have transcended the ego to reach Divine Realization. This is the inner route from the self to the Self, and the descriptions of the progressive states are devoted to the reader's own illumination. This work will appeal to those who themselves are dedicated to the spiritual Reality of Truth as the direct pathway to God.

[How We Know What Isn't So](#)

[Saving Lives, Buying Time](#)

[Transcending the Levels of Consciousness](#)

[Truth vs. Falsehood](#)

[The Science of Adolescent Risk-Taking](#)

[The Story of a Hidden Epidemic](#)

[Balancing Societal and Individual Benefits and Risks of Prescription Opioid Use](#)

[The Map of Consciousness Explained](#)

[HR from the Outside In: Six Competencies for the Future of Human Resources](#)

[How Our Identities Shape Our Work, Wages, and Well-Being](#)

[Biodemography of Aging](#)

[Healthy Aging Through the Social Determinants of Health](#)

[Power Vs. Force](#)

"The Map of Consciousness Explained is an essential primer on the late Dr. David R. Hawkins's teachings on human consciousness and their associated energy fields. Using muscle testing, Dr. Hawkins conducted more than 250,000 calibrations during 20 years of research to define a range of values, attitudes, and emotions that correspond to levels of consciousness. This range of values—along with a logarithmic scale of 1 to 1,000—became the Map of Consciousness, which Dr. Hawkins first wrote about in his New York Times bestseller, Power vs. Force. In this book, readers will gain an introduction and deeper understanding of the Map, with visual charts and practical applications to help them heal, recover, and evolve to higher levels of consciousness and energy"--

This is the second volume of a trilogy that began with Power vs. Force and will be completed in the year 2002 by the publication of the third volume entitled I: Reality and Subjectivity. The Eye of the I (which calibrates at 950) is more advanced than Power vs. Force (which calibrates at 850) and brilliantly reveals the very core of the spiritual process critical to the state of Enlightenment. The intrinsic power of the information provided in this startling classic is sufficient of itself to elevate the consciousness of the reader. This likelihood has been anticipated and provided for by preparatory recontextualizations. Included are verbatim dialogues with advanced students, instructions, and explanations that illuminate the spiritual teachings. The Eye of the I is a brilliant work that dissolves the barriers between the known and the unknown, between science and spirituality, and between the Newtonian linear paradigm of the ego and the nonlinear reality of Enlightenment. With the resolution of the self, the Self shines forth and reveals one's true identity.

The first full history of Black America's shocking mistreatment as unwilling and unwitting experimental subjects at the hands of the medical establishment. No one concerned with issues of public health and racial justice can afford not to read this masterful book that will stir up both controversy and long-needed debate. From the era of slavery to the present day, starting with the earliest encounters between Black Americans and Western medical researchers and the racist pseudoscience that resulted, Medical Apartheid details the ways both slaves and freedmen were used in hospitals for experiments conducted without their knowledge—a tradition that continues today within some black populations. It reveals how Blacks have historically been prey to grave-robbing as well as unauthorized autopsies and dissections. Moving into the twentieth century, it shows how the pseudoscience of eugenics and social Darwinism was used to justify experimental exploitation and shoddy medical treatment of Blacks. Shocking new details about the government's notorious Tuskegee experiment are revealed, as are similar, less-well-known medical atrocities conducted by the government, the armed forces, prisons, and private institutions. The product of years of prodigious research into medical journals and experimental reports long undisturbed, Medical Apartheid reveals the hidden underbelly of

scientific research and makes possible, for the first time, an understanding of the roots of the African American health deficit. At last, it provides the fullest possible context for comprehending the behavioral fallout that has caused Black Americans to view researchers—and indeed the whole medical establishment—with such deep distrust.

"This book provides a public health perspective of aging, based on the five social determinants of health. These determinants form the framework for these chapters, as they outline a lifespan approach to healthy aging. This book is for practitioners and public health professionals who work with older adult populations"--

To truly heal is to "make whole" on all levels, in contrast to "treating" which is limited and short-sighted, as Hawkins has emphasized in his best-selling series of books on human consciousness. These holistic lectures were first presented to a variety of recovery organizations and clinicians from diverse backgrounds. The emphasis is on recovery in its fullest sense - mental, physical, psychological and spiritual. Hawkins draws from a diverse clinical background of over 50 years as a leader in the field.--

Calls for an end to religion's role in dictating morality, demonstrating how the scientific community's understandings about the human brain may enable the establishment of secular codes of behavior.

Adolescence is a time when youth make decisions, both good and bad, that have consequences for the rest of their lives. Some of these decisions put them at risk of lifelong health problems, injury, or death. The Institute of Medicine held three public workshops between 2008 and 2009 to provide a venue for researchers, health care providers, and community leaders to discuss strategies to improve adolescent health. Annotation. This work bridges a critical gap in the social sciences. It brings identity and norms to economics. People's notions of what is proper, and what is forbidden, and for whom, are fundamental to how hard they work, and how they learn, spend, and save.

[An Anatomy of Consciousness : the Hidden Determinants of Human Behavior](#)

[State of the Young Child in India](#)

[Medical Apartheid](#)

[The Moral Landscape](#)

[You're Not Broke, You're Pre-Rich](#)

[How People Just Like You Are Waking Up and Changing the World](#)

[Power Versus Force](#)

[Climate Change and Human Health](#)

[A Proven Energy Scale to Achieve Your Ultimate Potential](#)

[Economics of Malaria Drugs in an Age of Resistance](#)

[Letting Go](#)

[Confronting Sexually Transmitted Diseases](#)

[Finding God's Patterns for Healthy Relationships](#)

If you are a millennial who is trying to figure out how money works, this book is for you. With simple, relatable and sometimes amusing stories about how to manage money on a day-to-day basis, you will learn how to change your mindset about money, get out of debt and stay debt-free, invest your money and, ultimately, live your best life. You're Not Broke, You're Pre-Rich will help you, the young professional, to think differently about money, while covering pertinent topics like black tax, savings, budgeting, emergency funds and financial scams, as well as estate and retirement planning (and why you should care right now!). It is the best class you never attended ... in a book!

I: Reality and Subjectivity explains the very essence of consciousness as it evolved from its primordial appearance as life on earth, on up through evolution as the human ego, and hence, the transcendence of the ego as the spiritual Reality of Enlightenment and the Presence of Divinity. The uncommon clarity and lucidity with which the highly evolved subject matter is presented facilitates the reader's understanding and comprehension. The nature of consciousness is described in terms that recontextualize and simplify the spiritual process. The nonlinear reality of the enlightened sage is thereby made comprehensible to the reasoning mind.

THE INTERNATIONAL BESTSELLER 'A book that could actually make us happy' SIMON AMSTELL 'This amazing book will change your life' ELTON JOHN 'One of the most important texts of recent years' BRITISH JOURNAL OF GENERAL PRACTICE 'Brilliant, stimulating, radical' MATT HAIG 'The more people read this book, the better off the world will be' NAOMI KLEIN 'Wonderful' HILLARY CLINTON 'Eye-opening' GUARDIAN 'Brilliant for anyone wanting a better understanding of mental health' ZOE BALL 'A game-changer' DAVINA MCCALL 'Extraordinary' DR MAX PEMBERTON 'Beautiful' RUSSELL BRAND Depression and anxiety are now at epidemic levels. Why? Across the world, scientists have uncovered evidence for nine different causes. Some are in our biology, but most are in the way we are living today. Lost Connections offers a radical new way of thinking about this crisis. It shows that once we understand the real causes, we can begin to turn to pioneering new solutions - ones that offer real hope.

There's a silent epidemic in western civilization, and it is right under our noses. Our jaws are getting smaller and our teeth crooked and crowded, creating not only aesthetic challenges but also difficulties with breathing. Modern orthodontics has persuaded us that braces and oral devices can correct these problems. While teeth can certainly be straightened, what about the underlying causes of this rapid shift in oral evolution and the health risks posed by obstructed airways? Sandra Kahn and Paul R. Ehrlich, a pioneering orthodontist and a world-renowned evolutionist, respectively, present the biological, dietary, and cultural changes that have driven us toward this major health challenge. They propose simple adjustments that can alleviate this developing crisis, as well as a major alternative to orthodontics that promises more significant long-term relief. Jaws will change your life.

Every parent should read this book.

Discusses the forces that people can control versus the unseen, uncontrollable powers which actively govern many lives.

[The Power of Intention, Gift Edition](#)

[Blindspot](#)

[Hidden Biases of Good People](#)

[Science And Human Behavior](#)

[Reality and Subjectivity](#)

[Healing and Recovery](#)

[Discovery of the Presence of God](#)

[Intrinsic Motivation](#)

[Pain Management and the Opioid Epidemic](#)

[Expand Your Consciousness](#)