

Spiritual Science

This slim but challenging volume of three essays supports and extends the basis of Steiner's philosophical and anthroposophical thinking. Students seeking a secure foundation in the supersensible realities of which Steiner speaks will find here a continuing source of inspiration. Unger was asked by Steiner to work further with the spiritual scientific theory of knowledge. This volume is the essence of what he did in this field.

13 lectures, Dornach, Jan. 2-Apr. 25, 1924 (CW 316) Steiner's third lecture course to physicians has a character completely different from previous presentations. Delivered in response to a group of young doctors, it offers unique, groundbreaking insights into the practice and art of healing. Steiner speaks about the influence of cosmic and earthly forces--the periphery and center--on the human being. Proper understanding of these processes enables the physician to comprehend the actions of plants and minerals used in anthroposophic medicines, and thus to prescribe appropriate and individually specific remedies. Steiner paints a picture of the human being as a complex confluence of the forces of heredity, forces from the cosmos, and an individual's unique spiritual nature. The physician has to understand these relationships in order to be able to help effectively when they are out of balance. Steiner stresses the importance of personal development for physicians, and offers plentiful instructions for a meditative practice intrinsic to their work. Among a wealth of other topics, Steiner addresses inflammation and excessive growth; the scarlet fever and measles; the importance of a child's food and breast milk; the functions of the liver, heart, head, and skeleton; the incarnation process; karma as a guide for the physician; morality as a force flowing in from the cosmos; the cosmic

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trinity of Saturn, Sun, and Moon in healthy and sick people; and the human heart's involvement in thinking. Included here are Steiner's answers to questions and the first newsletter from the Medical Section, with a key meditation for physicians. This volume also features 18 full-color plates of Steiner's blackboard drawings, a comprehensive introduction, index and notes.

READ A REVIEW OF THIS BOOK BY BOBBY MATHERNE

This volume is a translation from German of *Meditative Betrachtungen und Anleitungen zur Vertiefung der Heilkunst* (GA 316). Eight of the lectures in this volume were previously translated and published as *Course for Young Doctors*.

Addressing fundamental questions about life, this unique volume examines the way in which distinguished scientists of different faiths explore the connections between science, ethics, spirituality and the divine.

This treatise argues that the quest for the spirit is not a rare mystical experience, but a frequent expression of basic human impulses, rooted in our biological, psychological and social nature. It presents the quest in the myths and religious practices of tribal people throughout the world.

The Science of Spirituality is a ground-breaking book that integrates the individual systems of science, psychology, philosophy, spirituality and religion into a unified system that describes the multi-dimensional nature of man and the universe. It provides a more comprehensive description of reality than conventional science can offer and fully explains the mechanisms behind an array of paranormal phenomena that mainstream science chooses to ignore. It explains the science behind religious, spiritual and new-age belief systems, and sheds light on some common misconceptions. *The Science of Spirituality* systematically describes the mechanisms behind a diverse range of subject matter including: consciousness, sleep and dreams, reincarnation, religion, creation, evolution, space and time, higher dimensions, heaven and hell, ghosts, angels

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and demons, out of body experiences, near death experiences, clairvoyance, psychic abilities, personal development, meditation and the meaning of life.

What does it mean to be enlightened or spiritually awakened?

In *The Leap*, Steve Taylor shows that this state is much more common than is generally believed. He shows that ordinary people — from all walks of life — can and do regularly “wake up” to a more intense reality, even if they know nothing about spiritual practices and paths. Wakefulness is a more expansive and harmonious state of being that can be cultivated or that can arise accidentally. It may also be a process we are undergoing collectively. Drawing on his years of research as a psychologist and on his own experiences, Taylor provides what is perhaps the clearest psychological study of the state of wakefulness ever published. Above all, he reminds us that it is our most natural state — accessible to us all, anytime, anyplace.

Neuroscience, Selflessness, and Spiritual Transcendence conveys the manner by which selflessness serves as a neuropsychological and religious foundation for spiritually transcendent experiences. The book combines neurological case studies and neuroscience research with religious accounts of transcendence experiences from the perspective of both the neurosciences and the history of religions. Chapters cover the subjective experience of transcendence, an historical summary of different philosophical and religious perspectives, a review of the neuroscience research that describes the manner by which the brain processes and creates a self, and more. The book presents a model that bridges the divide between neuroscience and religion, presenting a resource that will be critical reading for advanced students and researchers in both fields. Creates a common focus on selflessness as a reliable construct for use by all disciplines interested in the basis of spiritual experience Links neuroanatomical data with religious texts from multiple faith traditions to describe the

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necessity of selflessness for spiritual experience and transformation Highlights disorders in neurological functioning that result in disorders of the self

[Life Questions in the Light of Spiritual Science](#)

[Principles of Spiritual Science](#)

[The Spiritual Child](#)

[Spiritual Science and Medicine](#)

[The Varieties of Scientific Experience](#)

[The Leap](#)

[Scientific and Religious Perspectives](#)

[At the Gates of Spiritual Science](#)

[Transcendence in Myth, Religion, and Science](#)

[Sacred Science and the Mystery of Consciousness](#)

[Meditative Reflections on Deepening Medicine Through](#)

[Spiritual Science](#)

[The Secret Science](#)

[Jesus Christ Master of the Spiritual Science](#)

As a physicist, Alan Lightman has always held a scientific view of the world. But one summer evening, while looking at the stars from a small boat at sea, Lightman was overcome by the overwhelming sensation that he was merging with something larger than himself--an eternal unity, something absolute and immaterial. The result is an inspired, lyrical meditation from the acclaimed author of Einstein's Dreams that explores these seemingly contradictory impulses.

Lightman draws on sources ranging from Saint Augustine's conception of absolute truth to Einstein's theory of relativity, and gives us a profound inquiry into the human desire for truth and meaning, and a journey along the different paths of religion and science that become part of that quest. This small but provocative book explores the tension between our yearning for certainty and permanence versus the modern scientific view that all things in the physical world are uncertain and impermanent.

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Sergei O. Prokofieff developed this booklet from talks to members of the Anthroposophical Society. They became opportunities for many to question potential membership of the First Class in a more conscious way, and for some to take the decisive step of entering the Michael School. "This experience gave rise to the occasion for printing this lecture separately for interested individuals, as a stimulus to consider their relationship to the Michael School on Earth against the background of the karma that guides human beings in their present incarnation to anthroposophy. In this sense, the present text may well be an aid for some interested individuals to grasp to its full extent the unique significance of the establishment of the Esoteric School--carried out as it was by Rudolf Steiner based on the Michael Spirit--so as to gain the courage and will to become a member out of full inner conviction" (from the preface).

For centuries the prevailing western worldview has been built upon the materialistic, mechanical model of Isaac Newton - a clockwork Universe composed of separate particles of matter interacting according to precise physical laws and existing within objective dimensions of space and time. This model has long succeeded in describing many facets of our multi-faceted reality, but increasingly since the revelations of Einstein and the paradigm-crushing implications of quantum physics, Newton 's world is quietly fading from view and being replaced by a more spiritual science. Topics covered include: Quantum Physics, Consciousness, The Holographic Universe, Morphic Fields, The Human Energy Body, Psychoneuroimmunology, Chi, Chakras, Meridians, Acupuncture, Auras, Telepathy, Psychokinesis, Remote Viewing, Precognition, Out of Body Experiences, Near Death Experiences, Entheogens, Death, Ghosts, Reincarnation, God, Tao, Brahma, Void, Infinite Consciousness, and Oneness

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In 1924 Rudolf Steiner established the School of Spiritual Science within the framework of the newly refounded Anthroposophical Society. This volume represents a first attempt at describing the character, intentions and working methods of this pioneering School, and its place within modern cultural life.

ASTRONOMY AND SPIRITUAL SCIENCE collects writings on astronomy by Dr. Elizabeth Vreede and is a fascinating compendium of scientific and spiritual knowledge. Between September 1927 and August 1930, Dr. Vreede wrote a monthly "letter," available by subscription, about both modern astronomy and classical astrology in the light of spiritual science. These letters include clear explanations of the fundamentals of astronomy and discussions of the role of astrology in the modern world. They also include inspiring presentations of a worldview that sees the stars, planets, and in fact all physical phenomena as manifestations of spiritual beings and spiritual activities. Among the many topics Dr. Vreede considers are the role of nutation, precession, and other movements of the Earth in human evolution and life; the comets; the relations of the heavenly bodies to spiritual beings; horoscopes; solar and lunar eclipses; and the deeper meaning of the Christian holidays such as Easter and Whitsun.

The Secret Science is the study of the human condition and the foundations of life: Desire, Sex, God, Mind, Spirit, and the Search for Happiness. It says that the physical and spiritual transformation of Man is achievable through the living of life, not by detaching oneself from it. The Secret Science is intended for the reader who is driven by a spiritual inquietude and an inner yearning to deepen his personal knowledge of himself at a practical and tangible level. Also available in Spanish, Latvian, Bulgarian, Russian, German, Portuguese and Italian.

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It is often assumed that there are two ways of interpreting the world: a rational scientific way, or an irrational religious way. Spiritual Science offers a third alternative: a spiritual view of reality that transcends both conventional science and religion, and answers many of the riddles that neither can explain. The standard model of science has had little success in explaining such areas as human consciousness, the connection between the mind and the body, altruism and 'anomalous' phenomena such as near-death experiences, psi phenomena (such as telepathy) and spiritual experiences. But from a 'panspiritist' point of view - which sees spirit or consciousness as a fundamental essence of reality - it is possible to make sense of all these things. Steve Taylor puts forward the evidence for a spiritual view of reality, drawing on the insights of philosophers, physicists, mystics, as well as spiritual traditions and indigenous cultures. He systematically shows how a 'panspiritist' view can explain many puzzling aspects of science and the world, including evolution and the origins of life, and a wide range of other phenomena such as quantum physics, the placebo effect, precognition and neuroplasticity. Spiritual Science offers a new vision of the world that is compatible with both modern science and ancient spiritual teachings. It provides a more accurate and holistic account of reality than conventional science or religion, integrating a wide range of phenomena that are excluded from both. After showing how the materialist worldview demeans the world and human life, Spiritual Science offers a brighter alternative - a vision of the world as sacred and interconnected, and of human life as meaningful and purposeful. Spiritual Science explains how the standard materialist model of reality developed, and turned into a belief system. This belief system can only function by denying (or explaining away) a whole range of phenomena that are part of human experience. It is possible to be scientific without

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adopting this belief system - in fact, it is much more rational to do so.

[Steiner's Theosophy and Principles of Spiritual Science](#)

[With Essays on the Foundation Stone](#)

[The Spiritual Technology of Ancient Egypt](#)

[The Spiritual Science of Emma Curtis Hopkins](#)

[Why Science Needs Spirituality to Make Sense of the World](#)

[Spiritual Science](#)

[Science and the Spiritual Quest](#)

[Spiritual Science, Higher Conscious Thinking, and How to](#)

[Access the Universal Consciousness](#)

[Searching for Stars on an Island in Maine](#)

[The Possibility of Spiritual Science](#)

[An Orientation and Introduction](#)

[Explaining the Science of Transcendence](#)

[The Psychology of Spiritual Awakening](#)

Carl Sagan's prophetic vision of the tragic resurgence of fundamentalism and the hope-filled potential of the next great development in human spirituality The late great astronomer and astrophysicist describes his personal search to understand the nature of the sacred in the vastness of the cosmos.

Exhibiting a breadth of intellect nothing short of astounding Sagan presents his views on a wide range of topics, including the likelihood of intelligent life on other planets, creationism and so-called intelligent design, and a new concept of science as "informed worship." Originally presented at the centennial celebration of the famous Gifford Lectures in Scotland in 1977 but never published, this book offers a unique encounter with one of the most remarkable minds of the twentieth century.

How ancient Egyptians understood quantum theory •

Investigates the history of how modern religion and the Age of Science were inspired by the sacred science of the ancient

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Examines how quantum theory explains that the cosmos arises from consciousness • Reveals the unanimity between Schwaller de Lubicz's "sacred science" and the science of a cosmos governed by quantum mechanics Since the dawn of the Age of Science humankind has been engaged in a methodical quest to understand the cosmos. With the development of quantum mechanics, the notion that everything is solid matter is being replaced with the idea that information or "thought" may be the true source of physical reality. Such scientific inquiry has led to a growing interest in the brain's unique and mysterious ability to create perception, possibly through quantum interactions. Consciousness is now being considered as much a fundamental part of reality as the three dimensions we are so familiar with. Although this direction in scientific thought is seen as a new approach, the secret wisdom of the ancients presented just such a view thousands of years ago. Building on René A. Schwaller de Lubicz's systematic study of Luxor's Temple of Amun-Mut-Khonsu during the 1940s and '50s, Edward Malkowski shows that the ancient Egyptians' worldview was not based on superstition or the invention of myth but was the result of direct observation using critical faculties attuned to the quantum manifestation of the universe. This understanding of reality as a product of human consciousness provided the inspiration for the sacred science of the ancients--precisely the philosophy modern science is embracing today. In the philosophical tradition of Schwaller de Lubicz, *The Spiritual Technology of Ancient Egypt* investigates the technical and religious legacy of ancient Egypt to reveal its congruence with today's "New Science." Speaking to audiences in Denmark, Germany and France, Rudolf Steiner discusses a wide range of topics: from posit

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and negative human soul capacities, true self-knowledge and karma, to changes in human consciousness, from ancient times to the modern era – all in the context of the incarnation of Christ on earth. The lectures illustrate the diversity of Steiner's approach when speaking to different audiences. Reflecting on the polymath Novalis, for example, he is urgent about the responsibility of spiritual science to help humanity awaken to the new age. A few months later, talking of Hegel and deploring the fact that an interest in spiritual matters often fails to be accompanied by an equal interest in logical thought, Steiner uses a dispassionate, philosophical tone. But throughout the lectures he is consistent in his view that spiritual science does not reject conventional science. True philosophical thinking leads to different conclusions than materialism, he says, but there is nothing in the field of spiritual science that need be rejected by rigorous scientific thought. Although the lectures were given to a variety of audiences, ideas recur from different perspectives and in different contexts, with strong thematic links binding them together. These include the relationship between philosophy and science; the nature of clairvoyance; Christ's presence in the etheric realm; reincarnation and karma; the mystery drama *The Portal of Initiation*; Christmas and its symbols; and the transformation of consciousness that occurred when Christ incarnated physically on earth. In the final lectures, Rudolf Steiner speaks inspiringly about the Christmas festival, contrasting the feeling of inwardness that people used to experience with the hectic cultural environment of modern cities. However, this does not lead Steiner to be nostalgic about the past. Rather, he states, we should seek to recreate the mood of inwardness in a new way, appropriate to our modern

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age and consciousness. These lectures give us the tools to bring such a contemporary spiritual approach to our lives. There has recently been much interest in the relationship between science and religion, and how they combine to give a 'binocular' perspective on things. One important phenomenon which has been neglected in recent work is the concept of spiritual healing. This edited collection explores a variety of approaches to spiritual healing from different religious points of view, identifying both what it is and how it works. The authors also explore the biological and psychological processes, open to scientific enquiry, through which healing may be mediated. As such, this book indicates the central proposition that religious and scientific perspectives answer different questions about healing, and there is not necessarily any conflict between them. A Simon & Schuster eBook. Simon & Schuster has a great book for every reader.

Postmaterial spiritual psychology posits that consciousness can contribute to the unfolding of material events and that the human brain can detect broad, non-material communication. In this regard, this emerging field of postmaterial psychology marks a stark departure from psychology's traditional quantum measurements and tenets. The Oxford Handbook of Psychology and Spirituality codifies the leading empirical evidence in the support and application of postmaterial psychological science. Sections in this volume include: - personality and social psychology factors and implications for spiritual development and culture - spiritual dialogue, prayer, and intention in Western mental health - Eastern traditions and psychology - physical health and spirituality - positive psychology - scientific advances and applications related to

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spiritual psychology With chapters from leading scholars in psychology, medicine, physics, and biology, The Oxford Handbook of Psychology and Spirituality is an interdisciplinary reference for a rapidly emerging approach to contemporary science. This overarching work provides both a foundation and a roadmap for what is truly a new ideological age.

Old Christianity has certainly done a great service to this world though skimming over the surface of Jesus's guidelines. What is most needed now is a fresh comprehension of his mind and human saga. Rather than reviving primitive Christianity, we must go forward from where we find ourselves. The Master said it bluntly to his early disciples, I still have much more to say to you, more than you can now bear. But when he, the Spirit of the Truth, comes, he will guide you into all truth. Jesus's modern disciples should become in this era of knowledge an overflowing source of inspiration and superior motivation to all men and women. Religion is only exalted humanism until it is made divine by enmeshing the heavenly spirit with the human experience.

[Fourteen Lectures Given in Stuttgart, 22 August to 4 September, 1906](#)

[PATHS AND GOALS OF THE SPIRITUAL HUMAN BEING](#)

[A God That Could Be Real](#)

[Spirit, Science, and Health](#)

[Spiritual Healing](#)

[Science and Spiritual Practices](#)

[Understanding Healing](#)

[Practical Sufism and Spiritual Science](#)

[Neuroscience, Selflessness, and Spiritual Experience](#)

[The Oxford Handbook of Psychology and Spirituality](#)

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[The Encounter with Evil and Its Overcoming Through Spiritual Science](#)

[The Science of Spirituality](#)

[The Spiritual Science of the Stars](#)

The profound influence of ancient cosmologies on our ideas about the human spirit • Shows how ancient myths contain a sophisticated understanding of our relationship to the cosmos, derived from thousands of years of observation of the night sky • Explains how ideas of the mind and spirit are still entwined with these ancient cosmologies despite the disruptive effects of modern astronomy • Reveals how ancient ideas and contemporary cosmology might be combined into a new model for spiritual meaning

Thousands of years before the first written records, humans were turning to the night sky as a source of meaning for existence and their place within it. The conclusions drawn from these observations are embodied in stories from across the world known as Creation Myths. Contrary to the popular belief that these myths were meant to explain the origins of the universe, Pete Stewart shows that they were actually designed to create a harmony and order in the lives of humans that reflected, in their society and architecture, the ordered patterns they saw evidenced in the sky. These

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ancient myths also record, in the story of "the separation of Heaven and Earth," the discovery of a disastrous discord in this ancient harmony, which the mythmakers overcame by imagining a vastly expanded architecture, one in which the individual soul had a role to play in the evolution of the cosmos. Today science presents a similar challenge to our sense of meaning. Stewart explores how, by reexamining the myths of creation in this light, we can learn how contemporary cosmology might yield a new architecture for the spirit and how the ancient sense of being in the cosmos might be reconstructed for our age. In our everyday lives, we are constantly challenged by the phenomenon of evil in all its many manifestations. But how can we cope with this seemingly eternal hindrance? In the first of these three essays, Prokofieff suggests that we start by developing a knowledge of the forces of evil in order to learn how they work in human evolution. Such knowledge is, in itself, the beginning of the process of overcoming evil. In order that members of the Anthroposophical Society might go further along this path, Rudolf Steiner gave them the spiritual "Foundation Stone of the Good." This Foundation Stone which consists of light, imaginative form, and

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the substance of love can live in our hearts and souls as a firm foundation for esoteric work, and a creative contribution towards the overcoming of evil. Ultimately it can lead us to a conscious experience of Christ in the etheric realm of the earth. In the second and third essays, Prokofieff examines further themes relating to the etheric advent of Christ, and its connection with the Foundation Stone of the Good."

Rudolf Steiner's anthroposophical medicine, highly regarded and widely practiced in Europe, integrates allopathic medical practices with alternative remedies, including dietary and nutritional therapies, massage, hydrotherapy, art therapy, and counseling. It recognizes that health and illness are directly related to our states of consciousness, and it views illness as an opportunity to create a new state of physical, emotional, and spiritual balance. Modern medicine tends to consider only the material aspect of human beings, an approach that fails to bring the individual to a state of complete wellness. Steiner's holistic view of humanity—beings composed of body, soul, and spirit—takes into consideration the seven-year cycles of human development,

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the influence of education on health, the relationship between psychological symptoms and physical conditions, the problem of cancer, the four cardinal organs, heredity, and the spiritual balance that characterizes true health. New, revised edition of Anthroposophical Medicine.

There are several different themes running through my book but the predominant ones are as follows. One essential aspect is to assist the ordinary person in the street to find personal confirmation of the existence of the afterlife and so-called paranormal phenomena and to highlight possible procedures and methodologies of thinking to achieve this. This can enable any seeker of truth to obtain the appropriate evidence of spiritual science in their own personalized way suitable to their spiritual journey. The other major and perhaps most important theme is to establish spirituality as a science with analytical laws which are provable and can be adapted to solve any range of societal problems. This is of primary relevance not only for all political, economic and social institutions to embark upon vitally needed social reforms, but also to scientists who need to be convinced that there is one integral and holistic body of

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scientific truth and that what we term as spirituality is just one part of this. The vital message is that any conceivable societal problem can be solved or improved by application of a combination of these spiritual laws.

CONCEPTS WRITTEN ABOUT IN THIS BOOK How the universe downloaded all its knowledge into my mind - How to design your life experience the way you want it to be, before you have to live it - until now, mostly undiscovered Universal Success Principles - Creation - What was created at the "Big Bang" - Who was "Jesus," and what did he look like, according to the obscure Roman writings, and other non-biblical records? - Who / what is "God"? - - - Who really created the first Bible? - Who / what are you? - Who created you? - What is the Physical world made of? - What is Universal Consciousness? - How to use the right techniques to access the Universal Consciousness to manifest good things in your life - "Pearls of wisdom" and Success principles you can only learn by talking to Billionaires - How the Universal Consciousness speaks to you - What is the Universal Mind? - What is your "Mind"? - What is the "Power of the Mind" - How does the Subconscious Mind work? - Memory - Perfect recall of memory - How

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does the Super Conscious Mind work? - What is thought? - Is your life predetermined by Fate? - How does "Free Will" work for you? - What is Spiritual creation? - What is Physical creation? - Who are the "Guardians of the Soul"? - Quantum Physics explaining creation, made simple, without the equations - Can "God" be "good" and "evil" at the same time? - What really brings out "evil"? - Why do most prayers go unanswered? - How to pray - What is the language in the Spiritual world? - What is time? - Can we manipulate time? - Time travel is possible - Starting a new "Time line" - What is hidden in the future for mankind? - Telepathy - Thought Transference - Was the "Big Bang" 14 Billion years ago, an "accident"? - What is Love? - You can transfer Love to someone else - What is "Heaven"? - What is the "Great Sea of Light"? - What is the "Soul"? - Soul memory - Pre-birth memory - Where is our real "Home"? - Awakening - Illumination - Ascension - Immortality - What is Physical "death"? - Where is "Heaven"? - There is no Spiritual "death" - Reincarnation - KARMA - The importance of Forgiveness - Who was the "Teacher of Righteousness"? - The Essenes - How do you know when you are on the right Spiritual path? - The meaning of life - and more -

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much more.

In this pioneering book Rupert Sheldrake shows how science helps validate seven practices on which all religions are built, and which are part of our common human heritage: · Meditation · Gratitude · Connecting with nature · Relating to plants · Rituals · Singing and chanting · Pilgrimage and holy places. The effects of spiritual practices are now being investigated scientifically as never before, and many studies have shown that religious and spiritual practices generally make people happier and healthier. Rupert Sheldrake summarizes the latest scientific research on what happens when we take part in these practices, and suggests ways that readers can explore these fields for themselves. For those who are religious, Science and Spiritual Practices will illuminate the evolutionary origins of their own traditions and give a new appreciation of their power. For the non-religious, this book will show how the core practices of spirituality are accessible to all, even if they do not subscribe to a religious belief system. This is a book for anyone who suspects that in the drive towards radical secularism, something valuable has been left behind. Rupert Sheldrake believes

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that by opening ourselves to the spiritual dimension we may find the strength to live more wholesome and fulfilling lives.

" In February 1904] Dr. Steiner began his lecture tours. Meanwhile, his book Theosophy was published, and I threw myself into it with the greatest enthusiasm, wrestling with it for months with every page, every sentence, and many words. When I had the foundation for a judgment, which I had somewhat carelessly expressed after my visit to Berlin, I would follow this man blindfolded. For now I had learned to follow with open eyes."

-Carl Unger In part one, Carl Unger outlines and unlocks one of Rudolf Steiner's most essential works, Theosophy: An Introduction to the Spiritual Processes in Human Life and in the Cosmos (CW 9). As a close personal student of Rudolf Steiner and a member of his esoteric school, Carl Unger gained deep understanding of Steiner's most profound works, especially Theosophy. For those who want to "crack" this book and are willing to work, Carl Unger's commentary will prove enlightening and help the reader penetrate beyond an intellectual understanding of Steiner's seminal work. In part two, the author guides the reader through the essential principles that underlay anthroposophic

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Spiritual Science. In his foreword to its earlier publication, Alan Howard wrote, "This little volume, though not the only work from Unger's hand, is the essence of what he did in this field. It is not everybody's book, nor, even for those who decide to take it up, an easy book. Each sentence builds closely on all that precede it; each is essential to all that follow. For those students, however, who seek a secure foundation in pure thought for the suprasensory realities of which Steiner speaks, and are willing to give it the study it deserves, this book will be a continuing reward and delight."

[*The Grand Illusion*](#)

[*Astronomy and Spiritual Science*](#)

[*How the Spiritual Mind Fuels Physical Wellness*](#)

[*A Guide to the Architecture of the Spirit*](#)

[*Why Become a Member of the School of Spiritual Science?*](#)

[*The New Science on Parenting for Health and Lifelong Thriving*](#)

[*A Criticism of Materialism and Exclusive Phenomenalism*](#)

[*A Synthesis of Science and Spirituality - Book One*](#)

[*Transformative experiences and their effects on our bodies, brains and health*](#)

[*Arcana of Spiritualism*](#)

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[An Analytical Approach to Spiritual Science](#)

[The Spiritual Quest](#)

[A Manual of Spiritual Science and Philosophy](#)

Delve deep into the eternal truths behind teacher of teachers Emma Curtis Hopkins ideas in this guide to harnessing your inner power to gain a greater understanding of the spiritual world around you.

Learn 12 Simple Steps to a Better Life Committed to educating and helping others, Emma Curtis Hopkins pres-ented her teachings in simple digestible lessons: six lessons focusing on personal and internal development, and six directed at the world around us. Together these twelve lessons offer a clear guide for living a healthy, prosperous life.

Alongside the original texts, Dr. Ruth L.Miller offers a modern interpretation of Hopkins s timeless wisdom through a twenty-first-century lens. Hopkins s logical process provides a bridge between the scientific method and the intuitive experience she calls high mysticism to forge a clear path to fulfillment.

Rediscover the program that ignited the New Thought movement and begin to transform your own life."

In The Spiritual Child, psychologist Lisa Miller presents the next big idea in psychology: the science and the power of spirituality. She explains the clear, scientific link between spirituality and health and shows that children who have a positive, active relationship to spirituality: * are 40% less

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*likely to use and abuse substances * are 60% less likely to be depressed as teenagers * are 80% less likely to have dangerous or unprotected sex * have significantly more positive markers for thriving including an increased sense of meaning and purpose, and high levels of academic success. Combining cutting-edge research with broad anecdotal evidence from her work as a clinical psychologist to illustrate just how invaluable spirituality is to a child's mental and physical health, Miller translates these findings into practical advice for parents, giving them concrete ways to develop and encourage their children's—as well as their own—well-being. In this provocative, conversation-starting book, Dr. Miller presents us with a pioneering new way to think about parenting our modern youth.*

A paradigm-shifting blend of science, religion, and philosophy for agnostic, spiritual-but-not-religious, and scientifically minded readers Many people are fed up with the way traditional religion alienates them: too easily it can perpetuate conflict, vilify science, and undermine reason. Nancy Abrams, a philosopher of science, lawyer, and lifelong atheist, is among them. And yet, when she turned to the recovery community to face a personal struggle, she found that imagining a higher power gave her a new freedom. Intellectually, this was quite surprising. Meanwhile her husband, famed astrophysicist Joel Primack, was helping create a new theory of the universe based on dark matter and dark energy, and

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*Abrams was collaborating with him on two books that put the new scientific picture into a social and political context. She wondered, “Could anything actually exist in this strange new universe that is worthy of the name ‘God?’” In **A God That Could Be Real**, Abrams explores a radically new way of thinking about God. She dismantles several common assumptions about God and shows why an omniscient, omnipotent God that created the universe and plans what happens is incompatible with science—but that this doesn’t preclude a God that can comfort and empower us. Moving away from traditional arguments for God, Abrams finds something worthy of the name “God” in the new science of emergence: just as a complex ant hill emerges from the collective behavior of individually clueless ants, and just as the global economy emerges from the interactions of billions of individuals’ choices, God, she argues, is an “emergent phenomenon” that arises from the staggering complexity of humanity’s collective aspirations and is in dialogue with every individual. This God did not create the universe—it created the meaning of the universe. It’s not universal—it’s planetary. It can’t change the world, but it helps us change the world. A God that could be real, Abrams shows us, is what humanity needs to inspire us to collectively cooperate to protect our warming planet and create a long-term civilization. **The Grand Illusion** synthesizes the best consciousness research with decades of cutting-*

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edge discovery and hard science, empowering you with an intelligent new paradigm and new direction for humanity. This acclaimed book destroys the materialist notion of humans as "meat computers" and lays the foundation for a scientifically-based metaphysics.

[*Rudolf Steiner's Anthroposophical Medicine*](#)

[*Spiritual Science and the Art of Healing*](#)

[*A Personal View of the Search for God*](#)

[*Spirituality, Science, and the Future of Our Planet*](#)

[*12 Lessons to a New Transcendent You*](#)

[*The School of Spiritual Science*](#)

[*New Essays by Leading Scientists*](#)

[*Learn How to Expand the Power of the Mind at Every Level of Existence*](#)

[*Here and Hereafter : a Study of Spiritual Philosophy and Its Practical Application to the Every-day of Life*](#)