

[Breaking Everyday Addictions](#)

[Finding God through Yoga](#)

[Marriage Revolution](#)

[*Making Decisions Together *Blending Families Successfully* Building a Love That Will Last](#)

[God in the Rainforest](#)

[An Interfaith Systematic Theology](#)

This daily devotional addresses the emotions and difficulties of divorce. While autumn and winter dealt with divorce’s difficult early days, the promise of spring and summer addresses emerging hope and the reordering of life in a new context. This volume deals with the tough questions of priorities and life directions, as well as haunting issues of the past and inevitable future complications. Author Richard Crooks brings Scripture to bear on the issues and helps the reader explore the possibilities of reconciliation, singleness, or remarriage. The seasonal approach of the book allows readers to identify progress in healing from the trauma of divorce or other loss. Readings may either be done daily or at one’s own pace, using the topical index to seek out devotions addressing specific topics and concerns. Writing in warm conversational style, Richard shares his insights and experiences; through them, you can discover that life can move on in healthy and godly ways, while love and joy can be renewed even after a divorce. This book is a powerful resource for those struggling with divorce, and a great tool not only for pastors and counselors, but for any who desire to help a divorcing friend or family member.

"Nearly 60 percent of remarriages end in divorce." What can people do to beat the odds? David and Lisa Frisbie share the fruits of more than 20 years of speaking, teaching, and counseling. Having talked to hundreds of couples, the authors use many real-life examples and speak with hope and humor about the challenges. They point to four key strategies to help bring long-term unity: forgive everyone, including yourself regard remarriage as permanent and irreversible use conflict to get better acquainted form a spiritual connection centered on serving God With further step-by-step marriage-saving advice about forming a new family unit and helpful discussion questions, "Happily Remarried "makes a great how-to recipe for a successful, happy remarriage.

This book seeks to involve recognized researchers in the social scientific study of health, medicine and religion, which has burgeoned across the past twenty years, toward more general theoretical development within the field, particularly with respect to the elderly and disadvantaged.

What does Islam say about Christianity, Jesus, the Trinity, the Holy Bible, and Almighty God? What does Islam say about the Absolute Truth of Islam, the Prophet Muhammad, and the Holy Qur’an (also spelled Koran)? If there is only One Almighty God, then Christians and Muslims must be praying to the same God. So, what are the differences between the two religions, and why do Muslims reject Christianity, the Bible, and Jesus as the Son of God, but still accept Jesus as a prophet of God? For non-devout and ex-Christians, this book will explain the problems with Christianity from an Islamic perspective. It will also explain that the Prophet Muhammad was sent to replace Jesus as the next person in a succession of prophets that started with the Prophet Adam and finished with the Prophet Muhammad. For Muslims who grew up without a strong religious education, this book will explain that all religions are not the same, that Christianity is no longer valid or accepted by God, and that we should use the logical brains that God gave us to understand Islam. In this book, you will discover that Islam is simply the continuation of Judaism and Christianity, that Islam is the One True Religion of Almighty God and always has been since the time of Adam and Eve, and that the Prophet Muhammad is the next messenger and also the Final Messenger from God, that Jesus promised to his followers. -Gene Netto

Mindfulness is now a therapeutic touchstone for a range of emotional issues, from mild distress to the treatment of trauma, emphasizing quiet, analog practices that balance out the busyness of our daily techno-heavy lives. Christian mindfulness is about making time, on purpose, to turn our whole attention to God so that we can hear His still small voice above the chatter. It is a sense of awareness which encompasses the thought life of the person leading them to become more aware of their thoughts with a conscious, non-judgmental posture. In A Counselor’s Guide to Christian Mindfulness John Trent and Regina Trammel offer counselors training in mindfulness skills used in evidence-based practices, such as dialectical behavioral therapy, acceptance and commitment therapy and mindfulness-based cognitive therapy. These therapies have been shown to be highly effective in the treatment of many mental health issues, blending elements in the fields of neuroscience, social science, and religious training. Regina Trammel and John Trent offer a Christian perspective that will be extremely helpful in helping Christian counselors and therapists to confidently use mindfulness interventions with those they treat and help. Christian mindfulness means that we turn our minds to God and he transforms our thoughts and emotions as we unite our will, our mind, and ultimately, our control over to him as the perfecter and healer of our faith. The practice of Christian mindfulness can be tremendously helpful in developing biblical skills to help clients manage their intrusive and stressful thoughts, emotions, relationships, and challenges. This book fills a gap for Christian counselors and therapists who are eager for a resource that teaches mindfulness skills from a purposefully Christian and biblical perspective.

In today’s psychological culture, we have become a people more concerned with solving our problems than finding God. Suffer low self –esteem? Get counseling. Unfulfilled in life? Join a recovery group. But solving problems is not the point, argues Dr. Larry Crabb. In fact whenever we place a higher priority on solving our problems than on pursuing God, we are being immoral! Dr. Crabb demonstrates that our deepest problem and worst sin is doubting God. When we doubt God’s goodness, when we think that god cannot be trusted with the things that matter most, we will quietly-but with tight –lipped resolve-take over responsibility for our own well-being-with disastrous results.

In his most compelling book since Inside Out, Dr. Crabb upsets the cozy Christianity of the modern believer. He reveals anew God’s top priority: not our comfort and gratification, but His glory.

Meant for both believers and non-believers, this book can strengthen an already good relationship with God or help begin the process of moving closer to the Almighty. For some, religious education was minimal, leading to a limited formal knowledge about God and the church. These people may wish for a clearer understanding, wanting answers to many unasked questions. Consequently, this book is written as a set of questions and answers, hopefully covering some of the relevant religious topics. As Matthew wrote in his Gospel, "Ask and it will be given to you...."

Bestselling author Sue Augustine leads the reader along a clear, manageable path to reconciliation with a painful past. Relying on biblical principles and using her own heart-rending story, she points the way to a future full of hope. With compassion and empathy--and plenty of "telling-on-herself" humor--she shows readers how to... Identify, release, and change how they respond to the past Overcome the "victim" mentality Set goals for the future with passion and purpose Fears will be conquered and dreams renewed for those seeking to cut loose the baggage of the long ago. A must-read for anyone struggling with a difficult past that is harming their present and crippling their future.

[Volume 2: Spring and Summer Seasons of Renewal and Warmth](#)

[Finding God in Ancient China](#)

[When Your Past Is Hurting Your Present](#)

[Unlocking Your Family Patterns](#)

[Rethinking Your Relationship in Light of God's Design](#)

[God's Will](#)

[Toward a Sociological Theory of Religion and Health](#)

[Religion, Personality, and Mental Health](#)

[Finding Truth and Healing in Jesus' Words to Women](#)

[A Counselor's Guide to Christian Mindfulness](#)

[Happily Remarried](#)

[Using Narrative Writing to Enhance Healing During and After Global Health Crises](#)

[Social Constructions of Health and Healing in the Mississippi Delta](#)

The author teaches couples to put Jesus first in their lives and marriage and to apply Christs teachings to their relationships to develop their own revolutionary marriages.

Finding God: One Psychologists Journey is an inspirational Autobiography that takes you on a tour that will enrich your life. Starting as a young child growing up in Southern Brooklyn, with major obstacles to face and overcome, Dr. Alne goes on to become a prominent psychologist. Attacked and left disabled in the aftermath of the Crown Heights Riots in Brooklyn he fought to regain his health and career. In 2007 he suffered a stroke that left him with annoying cognitive and physical symptoms. Dr. Alne attacked one with exercise, and the other by passionately studying a subject he had never studied before. It was quantum physics and cosmology that changed his life forever. Elementary particles of matter obey none of the laws of physics we long held as truths. For example, particles can be in multiple places at the same time (superposition) and are able to communicate even when far apart (nonlocality) etc. Even more shocking is that everything in the universe is made from energy, and no one knows what exactly energy is. We are right now in the midst of a paradigm shift in thinking and everything we thought we knew as reality is being questioned. Science led directly to studies of metaphysics and paranormal research. Prominent universities today are engaged in studies of prayer, remote viewing and related subjects. Scientifically designed research offers proof that: random evolution could not have led to mankind, prayer does help healing, and consciousness survives death.

What happens when the storm does not pass? When the pain does not stop? When the prodigal does not return? When our sins continue to taunt us? When we make the same mistakes and break the same hearts again and again? When the chasm between what we do and what God intends widens until we can't even see the other side? In six very special encounters recorded in the Gospels, Jesus addressed the too much and the too late scenarios of our lives. Pastor, teacher, and author Shane Stanford brings these meetings vividly to life, offering a glimpse of Jesus' passion for restoring the unrestorable and redeeming the unredeemable. As a hemophilic who lives with HIV and hepatitis-C, Stanford has deeply and personally experienced the too much and the too late of life, and recognizes his own story in these six appointments with Jesus. In When God Disappears, he helps us to do the same: to see ourselves in these messy, all too-human Jesus encounters and to experience the grace and hope of a God who has not forgotten us.

Abortion continues to be a hot topic in politics, women’s rights, and medical practice. But for the eight to ten million American Christian women who have had one, abortion is a spiritual issue as well, raising questions of life and death, heaven and hell, grief and loss. Writing from her own experience, Kim Ketola sheds light on one of the darkest and most neglected personal issues of our time: the widespread need for healing and spiritual recovery after abortion. “After abortion brought the worst trouble into my life I had ever known,” writes Ketola, “I just couldn’t see my way free to believe in God’s love.” With a compassionate heart, Ketola offers ten true stories of healing promise from the Bible to help women answer the most common spiritual torments they face: Is abortion a sin? Does God hate me? Where can I turn in my shame and distress? How could I ever tell anyone the truth? And more. Inspired by Romans 6:4--“just as Christ was raised from the dead through the glory of the Father, we too may live a new life”--this is a definitive resource to help women see themselves and God anew and--finally--to find spiritual healing.

This is a book for people who are struggling to find their way out of a cave of anxiety, depression, and suicidal thoughts—and for anyone who cares for someone who’s been lost in that cave. Suicide is now the leading cause of death among young adults 18-34, and the fourth-leading cause of death among the middle-aged. Just as a computer’s hardware determines its foundational capabilities and its software determines how it interfaces with the world, humans’ hardware is tied to our biology and our software dictates how we relate to others and ourselves. Together, these parts of our identity determine our functionality, limitations, and possibilities. We become the story we have decided to live inside. When Jesus said, “I have come to set captives free,” He meant that He came to “de-bug” our programming. Jesus invites us to partner with Him to bring to the surface and then move past our debilitating bugs. This book is a conversation between a minister and a psychiatrist. Informed by the clinical realities of anxiety, depression, and suicide, the authors draw from the transformational relational strategies of Jesus to chart a path into life and freedom.

Although “worship” has become a word for the church used to describe only a small portion of its true meaning, our spiritual heart is continually in a posture of worship. We are either worshiping God or ourselves. Worship Is Life—Finding Our Identity in the Story of Worship unpacks the biblical pattern of worship (revelation and response), illustrates the ongoing battle for our worship, and helps believers find their true identities in living a life of worship. “In Worship Is Life, Todd Marshall encourages the reader to answer the call to organize all of one’s life around the God who made us, loves us, and gave his only Son as the model par excellence of a life completely submitted to worship.” —Dr. James R. Hart, President, Robert E. Webber Institute for Worship Studies

[Cradle My Heart](#)

[Finding God in the Singing River](#)

[God's Rx for Health and Wholeness](#)

[Finding Freedom from the Things That Trip Us Up](#)

[Finding God's Patterns for Healthy Relationships](#)

[Where God and Science Meet \[Three Volumes\]](#)

[Finding God in the Seasons of Divorce](#)

[Health Promotion in Health Care - Vital Theories and Research](#)

[Finding Your Way Out of the Darkness](#)

[The Person God Is](#)

[Finding God Beyond Harvard](#)